




The Josephine Memory Care Center Activities

July 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 National Joke Day 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Let's tell some jokes! 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind	2 Taco Fiesta! 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	3 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Imagine A Story—Dana Penn 6:30 Relax & Unwind	4 Independence Day 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind	5 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	6 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
7 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	8 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind	9 Sugar Cookie Day! 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Bake sugar cookies! 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	10 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	11 Movie Day 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Movie & Popcorn 3:00 Sensory Sensation 6:30 Relax & Unwind	12 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	13 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Lauren's Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
14 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	15 Ice Cream! 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Ritter's Outing 3:00 Sensory Sensation 6:30 Relax & Unwind	16 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Pet Visits 3:00 Let's get crafty! 5:30 Pretty Nails 6:30 Relax & Unwind	17 Hot Dog Day! 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Imagine A Story—Dana Penn 6:30 Relax & Unwind	18 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind	19 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	20 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
21 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	22 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Root beer floats 3:00 Sensory Sensation 6:30 Relax & Unwind	23 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Pet Visits 3:00 Let's get crafty! 5:30 Pretty Nails 6:30 Relax & Unwind	24 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	25 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind	26 10:00 Good Morning 10:30 Sittercise 11:00 Free Pizza Lunch 1:00 July Birthday Party 2:30 Michele's Music 6:30 Relax & Unwind	27 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Lauren's Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
28 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	29 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind	30 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	31 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind			Worship Service is every Sunday at 10:00 am Rosary in the Chapel is every Monday at 1:00 pm Catholic Communion is every Wednesday at 10:00 am