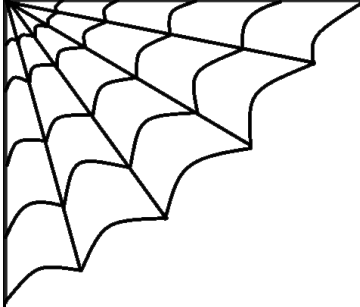




The Josephine Memory Care Center Activities October 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|---|
|  |  | <p>1 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind</p> | <p>2 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Animal BINGO! 3:00 Imagine A Story—Dana Penn 6:30 Relax & Unwind</p> | <p>3 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind</p> | <p>4 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Story Time! 2:30 Michele's Music 6:30 Relax & Unwind</p> | <p>5 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p> |
| <p>6 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p> | <p>7 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind</p> | <p>8 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind</p> | <p>9 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p> | <p>10 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Frostys & Country Cruising 3:00 Resident photo shoot! 6:30 Relax & Unwind</p> | <p>11 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Walking Club 2:30 Michele's Music 6:30 Relax & Unwind</p> | <p>12 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p> |
| <p>13 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p> | <p>14 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind</p> | <p>15 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 3:00 Let's get crafty! 5:30 Pretty Nails 6:30 Relax & Unwind</p> | <p>16 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Frisch's Outing 2:00 Fun & Free Time/BINGO 3:00 Imagine A Story—Dana Penn 6:30 Relax & Unwind</p> | <p>17 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Movie & Puffcorn 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind</p> | <p>18 10:00 Good Morning 10:30 Sittercise 11:00 Frisch's Outing 2:00 Fun & Free Time/Walking Club 2:30 Michele's Music 6:30 Relax & Unwind</p> | <p>19 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p> |
| <p>20 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p> | <p>21 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind</p> | <p>22 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 3:00 Let's get crafty! 5:30 Pretty Nails 6:30 Relax & Unwind</p> | <p>23 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p> | <p>24 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 3:00 Sensory Sensation 6:30 Relax & Unwind</p> | <p>25 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:30 Michele's Music 6:30 Relax & Unwind</p> | <p>26 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p> |
| <p>27 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p> | <p>28 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind</p> | <p>29 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind</p> | <p>30 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p> | <p>31 Halloween 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind</p> |  <p>HAPPY Halloween</p> | <p>Worship Service is every Sunday at 10:00 am</p> <p>Rosary in the Chapel is every Monday at 1:00 pm</p> <p>Catholic Communion is every Wednesday at 10:00 am</p> |