

The Josephine Memory Care Center Activities September 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	2 Labor Day 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind	3 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	4 National Wildlife Day 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Animal BINGO! 3:00 Imagine A Story—Dana Penn 6:30 Relax & Unwind	5 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind	6 Read A Book Day 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Story Time! 2:30 Michele's Music 6:30 Relax & Unwind	7 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
8 Grandparent's Day! 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	9 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind	10 Ants on A Log Day 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Make Ants on A Log 2:00 Fun & Free Time/Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	11 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	12 National Chocolate Milkshake Day 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Frostys & Country Cruising 3:00 Resident photo shoot! 6:30 Relax & Unwind	13 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	14 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
15 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	16 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind	17 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 3:00 Let's get crafty! 5:30 Pretty Nails 6:30 Relax & Unwind	18 National Cheeseburger Day 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Frisch's Outing 2:00 Fun & Free Time/BINGO 3:00 Imagine A Story—Dana Penn 6:30 Relax & Unwind	19 Movie Day 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Movie & Puffcorn 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind	20 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	21 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
22 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	23 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind	24 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 3:00 Let's get crafty! 5:30 Pretty Nails 6:30 Relax & Unwind	25 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 6:30 Relax & Unwind	26 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind	27 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:30 Michele's Music 6:30 Relax & Unwind	28 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
29 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	30 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 2:00 Fun & Free Time/Crafts 3:00 Sensory Sensation 6:30 Relax & Unwind					Worship Service is every Sunday at 10:00 am Rosary in the Chapel is every Monday at 1:00 pm Catholic Communion is every Wednesday at 10:00 am