

The Josephine Memory Care Center Activities

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Worship Service is every Sunday at 10:00 am</p> <p>Rosary in the Chapel is every Monday at 1:00 pm</p> <p>Catholic Communion is every Wednesday at 10:00</p>	<p>1</p> <p>10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Hydration Station 2:00 BINGO 3:00 Imagine A Story—Dana 6:30 Relax & Unwind</p>	<p>2</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Muffins & Music Trivia 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>3</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind</p>	<p>4</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p>
<p>5</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p>	<p>6</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's get crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>7</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind</p>	<p>8 National Bubble Day</p> <p>10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Foot Soaks & Refreshments 2:00 BINGO 2:30 Michele's Music 6:30 Relax & Unwind</p>	<p>9</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 1:00 Snowflake Craft 6:30 Relax & Unwind</p>	<p>10</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind</p>	<p>11</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p>
<p>12</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p>	<p>13 National Sticker Day</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's get crafty! Sticker craft! 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>14</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind</p>	<p>15 National Hat Day</p> <p>10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Hydration Station 2:00 Decorate your own hat! 3:00 Imagine A Story—Dana 6:30 Relax & Unwind</p>	<p>16</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>17</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind</p>	<p>18</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p>
<p>19</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p>	<p>20 National Cheese Lover's Day</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Cheese tray and juice! 2:00 Let's get crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>21</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind</p>	<p>22</p> <p>10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Hydration Station 2:00 BINGO 3:00 Imagine A Story—Dana 6:30 Relax & Unwind</p>	<p>23</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>24</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind</p>	<p>25</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind</p>
<p>26</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p>	<p>27</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's get crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>28</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 "Scoop" of the Week 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind</p>	<p>29 National Puzzle Day</p> <p>10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Hydration Station 2:00 Puzzles/Puzzle craft 3:00 Lavender Hand Massages 6:30 Relax & Unwind</p>	<p>30</p> <p>10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 3:00 Sensory Sensation 6:30 Relax & Unwind</p>	<p>31</p> <p>10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind</p>	