

The Josephine Memory Care Center

July 2020 Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Routine is essential for the Josephine Memory Care Center. The activities listed in the next box, occur every day at the same time.</p> <p>The activities listed on each day are <u>in addition</u> to the daily activities listed to the right.</p>	<p>10:00 Good Morning 10:15 Daily Inspiration/Hydration 10:30 Sittercise 11:00 Memories through Music 12:30 Walking Club 1:00 Hydration Station 3:00 Puzzles/Hydration Station 6:30 Relax and Unwind 7:00 Hydration Station</p>		<p>1 1:00 BINGO 2:00 Oh My Nails! 6:00 Karaoke Night</p>	<p>2 1:00 Let's Get Crafty! 2:00 Visit the Belmont Terrace Balcony 6:00 Movie Night — Chitty Chitty Bang Bang</p>	<p>3 1:00 Trivia 2:00 Nature Hour 5:30 Lavender Hand Massages</p>	<p>4 1:00 Travels: Exploring Argentina 2:00 Gardening Goals 5:30 BINGO</p>
<p>5 11:00 Chapel Visit 1:00 BINGO 2:00 Hymn Sing-A-Long 5:30 Lavender Hand Massages</p>	<p>6 1:00 Name that Tune! 2:00 Color Art 5:30 BINGO</p>	<p>7 1:00 Visit the Belmont Terrace Balcony 2:00 Happy Hour 5:30 BINGO</p>	<p>8 1:00 BINGO 2:00 Oh My Nails! 6:00 Karaoke Night</p>	<p>9 1:00 Let's Get Crafty! 2:00 Visit the Belmont Terrace Balcony 6:00 Movie Night — The Help</p>	<p>10 1:00 Trivia 2:00 Nature Hour 5:30 Lavender Hand Massages</p>	<p>11 1:00 Travels: Exploring Bahamas 2:00 Gardening Goals 5:30 BINGO</p>
<p>12 11:00 Chapel Visit 1:00 BINGO 2:00 Hymn Sing-A-Long 5:30 Lavender Hand Massages</p>	<p>13 1:00 Name that Tune! 2:00 Color Art 5:30 BINGO</p>	<p>14 11:30 Lunch On the Patio 1:00 Visit the Belmont Terrace Balcony 2:00 Happy Hour 5:30 BINGO</p>	<p>15 1:00 BINGO 2:00 Oh My Nails! 6:00 Karaoke Night</p>	<p>16 1:00 Let's Get Crafty! 2:00 Visit the Belmont Terrace Balcony 6:00 Movie Night — Indiana Jones</p>	<p>17 11:30 Lunch on the Patio 1:00 Trivia 2:00 Nature Hour 5:30 Lavender Hand Massages</p>	<p>18 1:00 Travels: Exploring Bahamas 2:00 Gardening Goals 5:30 BINGO</p>
<p>19 11:00 Chapel Visit 1:00 BINGO 2:00 Hymn Sing-A-Long 5:30 Lavender Hand Massages</p>	<p>20 1:00 Name that Tune! 2:00 Color Art 5:30 BINGO</p>	<p>21 1:00 Visit the Belmont Terrace Balcony 2:00 Happy Hour 5:30 BINGO</p>	<p>22 1:00 BINGO 2:00 Oh My Nails! 6:00 Karaoke Night</p>	<p>23 1:00 Let's Get Crafty! 2:00 Visit the Belmont Terrace Balcony 6:00 Movie Night — Willy Wonka & The Chocolate Factory</p>	<p>24 1:00 Trivia 2:00 Nature Hour 5:30 Lavender Hand Massages</p>	<p>25 1:00 Travels: Exploring Bahamas 2:00 Gardening Goals 5:30 BINGO</p>
<p>26 11:00 Chapel Visit 1:00 BINGO 2:00 Hymn Sing-A-Long 5:30 Lavender Hand Massages</p>	<p>27 1:00 Name that Tune! 2:00 Color Art 5:30 BINGO</p>	<p>28 1:00 Visit the Belmont Terrace Balcony 2:00 Happy Hour 5:30 BINGO</p>	<p>29 1:00 BINGO 2:00 Oh My Nails! 6:00 Karaoke Night</p>	<p>30 1:00 Let's Get Crafty! 2:00 Visit the Belmont Terrace Balcony 6:00 Movie Night — Benji</p>		