

OCTOBER 2020

JOSEPHINE MEMORY CARE UNIT



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>We understand that hydration is essential part of each resident's health in the Josephine Memory Care Center. In addition to the daily activities listed on each day and meals, we pass out water to our residents multiple times a day.</p> <p>We continue to assist the residents with hand hygiene multiple times a day.</p>				<p>1 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories through Music 12:30 Walking Club 1:00 Let's Get Crafty! 2:00 Visit the Belmont Terrace Balcony 3:00 Puzzle Passion 6:00 Movie Night</p>	<p>2 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories Through Music 12:30 Walking Club 1:00 Trivia 2:00 Nature Hour 3:00 Puzzle Passion 5:30 Bingo 6:45 Lavender Hand Massages</p>	<p>3 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories Through Music 12:30 Walking Club 1:00 Travels: Exploring 2:00 One on One 3:00 Puzzle Passion 5:30 BINGO 6:45 Lavender Hand Massages</p>
<p>4 10:00 Good Morning 10:15 Daily Inspiration 10:30 Memories through Music 11:00 Chapel Visit 12:30 Walking Club 1:00 BINGO 2:00 Hymn Sing-A-Long 3:00 Color Craze 5:30 Lavender Hand Massages 6:30 Relax</p>	<p>5 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories Through Music 12:30 Walking Club 1:00 Visit the Belmont Terrace Balcony 2:00 Happy Hour 3:00 Puzzle Passion 5:30 Trivia 6:45 Lavender Hand Massages</p>	<p>6 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories Through Music 12:30 Walking Club/ Terrace sitting (weather permitting) 1:00 One on One 2:00 Happy Hour 3:00 one on one 5:30 BINGO 6:45 Lavender Hand Massages</p>	<p>7 10:00 Good Morning 10:15 Daily inspiration 10:30 Sittercise 11:00 Memories through Music 12:30 Walking Club /Terrace sitting / weather permitting) 1:00 Round table talk 2:00 Oh My Nails! 3:00 one on one 6:00 Trivia</p>	<p>8 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories through Music 12:30 Walking Club 1:00 Let's Get Crafty! 2:00 Visit the Belmont Terrace Balcony 3:00 Puzzle Craze 6:00 Movie Night</p>	<p>9 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories Through Music 12:30 Walking Club 1:00 Trivia 2:00 Nature Hour 3:00 Puzzle Passion 5:30 BINGO 6:45 Lavender Hand Massages</p>	<p>10 10:00 Good Morning 10:15 Daily Inspiration 10:30 Sittercise 11:00 Memories Through Music 12:30 Walking Club 1:00 Travels: Exploring 2:00 One on One 3:00 Puzzle Passion 5:30 BINGO 6:45 Lavender Hand Massages</p>
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