

The Josephine Memory Care Center Activities

March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind	2 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's get crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind	3 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	4 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Michele's Music 2:00 BINGO 3:00 Imagine A Story—Dana 6:30 Relax & Unwind	5 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 3:00 Sensory Sensation 6:30 Relax & Unwind	6 Wear Blue Today! 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	7 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
8 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind	9 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's Get Crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind	10 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Marion's Outing 1:00 Hydration Station 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	11 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Hydration Station 2:00 BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	12 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 2:00 Flower Activity 6:30 Relax & Unwind	13 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	14 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
15 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind	16 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's get crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind	17 St. Patrick's Day! 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	18 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Michele's Music 2:00 BINGO 3:00 Imagine A Story—Dana 6:30 Relax & Unwind	19 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Jokes/Hydration Station 3:00 Sensory Sensation 6:30 Relax & Unwind	20 First Day of Spring! 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	21 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
22 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind	23 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's get crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind	24 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Country Cruise 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind	25 10:00 Good Morning 10:30 Sittercise (Gem City) 11:00 Memories through Music 1:00 Hydration Station 2:00 BINGO 3:00 Lavender Hand Massages 6:30 Relax & Unwind	26 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 Hydration Station 3:00 Sensory Sensation 6:30 Relax & Unwind	27 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station/Craft 2:00 Walking Club 2:30 Michele's Music 6:30 Relax & Unwind	28 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Trivia 5:00 Pretty Nails 6:30 Relax & Unwind
29 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Spiritual Hour 3:00 Lavender Hand Massages 6:30 Relax & Unwind	30 10:00 Good Morning 10:30 Sittercise 11:00 Memories through Music 1:00 Hydration Station 2:00 Let's get crafty! 3:00 Sensory Sensation 6:30 Relax & Unwind	31 10:00 Good Morning 10:30 Sittercise (AIM) 11:00 Memories through Music 1:00 "Scoop" of the Week 2:00 Pet Visits 5:30 Pretty Nails 6:30 Relax & Unwind				Worship Service is every Sunday at 10:00 am Rosary in the Chapel is every Monday at 1:00 pm Catholic Communion is every Wednesday at 10:00