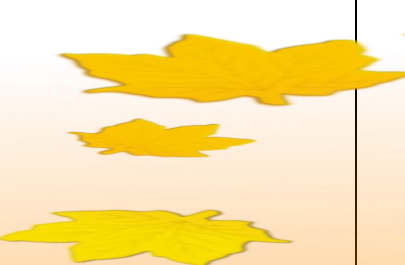


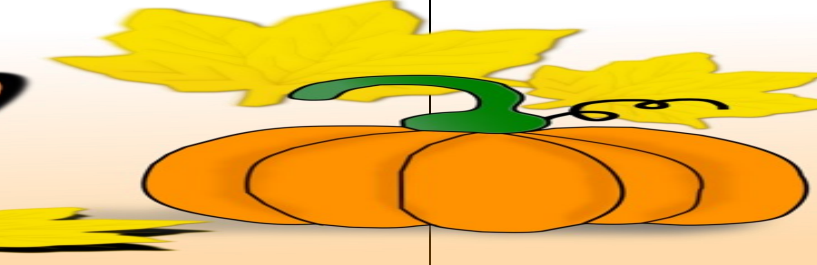



Josephine Memory Care October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 States and Capitols 5:30 Celebrate life box	10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Pit card game 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
3	4	5	6	7	8	9
10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 Basketball 3:00 Bingo	10:00 sittercise 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station 2:00 Bowling 3:15 Balloon Badminton 5:30 Trivia	10:00 Sing a long 11:00 sittercise 12:30 Noodle Ball 2:00 hydration station 3:00 Cross Words 5:30 Trivia	10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:30 Nails 1:00 Hydration Station 1:30 Poem reading 3:15 Color Craze 5:30 Hand Massage with Lotion	10:00 Sing a long 10:30 Sittercise 1:00 Lets get moving/ hydration station 2:00 Noodle Ball 3:15 Cross Word 5:30 Chit Chat	10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Crafts 3:15 Joggin your noggin 5:30 Celebrate life box	10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Pit card game 1:00 Hydration Station 2:00 Trivia 3:00 BINGO
10	11	12	13	14	15	16
10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 Basketball 3:00 Jenga	10:00 Michelle on guitar 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station 2:00 Bowling 3:15 Balloon Badminton 5:30 Trivia	10:00 Sing a long 11:00 sittercise 12:30 noodle Ball 2:00 Theater 2 3:00 Color Craze Hydration Station 5:30 Ball Toss	10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:45 Trivia 1:30 Nails 2:00 Poem Reading 3:15 Color Craze 5:30 Hand message with Lotion	10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:30 Hydration Station 2:00 Noodle Ball 3:15 bingo 5:30 Reminisce with Books	10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Cooking 3:15 States and Capitols 5:30 Celebrate Life box	10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Bowling 1:00 Hydration Station 2:00 Poem Reading 3:00 BINGO
17	18	19	20	21	22	23
10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 basketball 3:00 Bingo	10:00 Sittercise 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station 2:00 Bowling 3:15 Balloon Badminton 5:30 Trivia	10:00 Sing a long 11:00 Sittercise 1:00 Noodle Ball 2:00 hydration station 3:00 Color Craze 5:30 Trivia	10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 Sing a long 12:30 Trivia 1:00 Hydration Station 1:30 Nails 3:15 Color Craze 5:30 Hand Massage with Lotion	10:00 Sing a long 10:30 Sittercise 1:00 Walking club 1:30 Hydration Station 2:00 Color Craze 3:15 Lets talk 5:30 Poem reading	10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Crafts 3:15 Joggin your noggin 5:30 celebrate life box	10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Pit card game 1:00 Hydration Station 2:00 States and Capitols 3:00 BINGO
24 / 31	25	26	27	28	29	30
10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:30 Basketball 3:00 Jenga 	10:00 Michelle on guitar 11:00 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Bowling 3:15 Balloon Badminton 5:30 trivia	10:00 sing a long 11:00 Sittercise 1:00 Ball Toss 2:00 Theater 2 3:00 Color Craze 5:30 Ball Toss	10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 Sing a long 12:30 Nails 1:00 Hydration Station 1:30 Poem Reading 3:15 Color Craze 5:30 Hand massage with Lotion	10:00 Sing a long 10:30 Sittercise 1:00 Walking club 1:30 Hydration Station 2:00 Noodle Ball 3:15 Bingo 5:30 Reminisce with Books	10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Cooking 3:15 Joggin your noggin 5:30 celebrate life box	10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Pit card game 1:00 Hydration Station 2:00 States and Capitols 3:00 BINGO