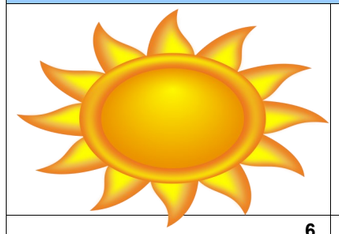
10 Wilmington place
UNIQUE SENIOR LIVING

Josephine Memory Care

June 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10-11 Open activities with Staff 12:00 sing a long 1:00 Sittercise 2:00 Trivia/ hydration station 3:00 Puzzle Palooza 5:00 Table Hockey 6:00 Jenga Badminton	2 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:30 Crafts 1:00 Hydration Station 2:00 OH MY NAILS 3:15 Color Craze 5:30 Bingo 7:00 Movie/Celebration of life box	3 10-11 Open activities with staff 11:00 Sing a long 12:30 Lets get moving/Hydration station 2:00 Crafts 3:15 Lets talk 5:00 Bowling	4 10-11 Open activities with staff 12:00 Sing a long 1:00 Walking Club 2:00 Noodle Ball/Hydration Station 3:15 Puzzle Passion 5:00 Noodle Ball 6:00 Lets Reminisce	5 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Bowling 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
6 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 2nd floor patio 3:00 Bingo	7 10:00 Michele's music therapy 11:00 sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Ball Toss 3:15 Trivia 5:00 Basket Ball 6:00 Cross Word Puzzle 7:00 Movie/ Celebration of Life Box	8 10:00-11 Open activities with staff 12:00 sing along 1:00 sittercise 2:00 Trivia/hydration station 3:00 Puzzle Palooza 5:00 Table Hockey 6:00 Jenga/ Badminton	9 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:30 Crafts 1:00 Hydration Station 2:00 OH MY NAILS 3:15 Color Craze 5:30 Bingo 7:00 Movie/Celebration of life box	10 10-11 Open activities with Staff 12:00Sing a long 1:00 Lets get moving/ hydration station 2:00 Color Craze 3:15 Chit Chat 5:00 Bowling 6:00 Bible Study	11 10-11 Open actives with staff 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 Puzzle Passion 5:00 Noodle Ball	12 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Bowling 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
13 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station *2:00 2nd floor patio* *3:00 Bingo*	14 10-11 open activities with staff 11:00 Sing a long 12:30 Sittercise 1:00 Hydration Station 2:00 Ball Toss 3:15 Trivia 5:00 Basket Ball 6:00 cross Word puzzle 7:00 Bingo (no prizes)	15 10- 11 Open activities with staff 12:00 sing a long 1:00 sittercise 2:00 Trivia/hydration station 3:00 Puzzle Palooza 5:00 Table Hockey 6:00 Jenga/ Badminton	16 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:30 Crafts 1:00 OH MY NAILS 2:00 Trivia 3:15 Color Craze 5:30 Bingo 7:00 Movie/ Celebration of life box	17 10-11 Open activities with staff 11:00Sing a long 12:30 Walking Club 1:30 Hydration Station 2:00 Crafts 3:15 Chit Chat 5:00 Bowling	18 10-11 Open activities with staff 10:30 Sing a long 11:00 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 Puzzle Passion 5:00 Noodle Ball 6:00 Lets Reminisce	19 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Bowling 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
20 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 2nd floor patio 3:00 Bingo	21 10:00 Michele's music therapy 11:00 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Ball Toss 3:15 Trivia 5:00 Basket Ball 6:00 cross word puzzle 7:00 Movie/Celebration of Life Box	22 10-11 Open activities with staff 12:00 sing a long 1:00 Sittercise 2:00 Trivia/hydration station 3:00 Puzzle Palooza 5:00 Table Hockey 6:00 Jenga/ Badminton	23 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 Sing a long 12:30 Crafts 1:00 Hydration Station 2:00 OH MY NAILS 3:15 Color Craze 5:30 Bingo	24 10:00 Open activities with Staff 12:00 Sing a long 1:00 Walking club 1:30 Hydration Station 2:00 Color Craze 3:15 Lets talk 5:00 Bowling 6:00 Bible Study	25 10:00 Open activities with staff 10:30 Sing a long 11:00 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 Puzzle Passion 5:00 Noodle Ball	26 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Bowling 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
27 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 2nd floor patio 3:00 Bingo	28 10-11 Open activities with staff 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station 2:00 Ball Toss 3:15 Trivia 5:00 Basket Ball 6:00 Cross Word Puzzle 7:00 Bingo (no prizes)	29 10-11 open activities with staff 12:00 sing a long 1:00 Sittercise 2:00 BIRTHDAY CAKE sponsored by VITAS for June /hydration Station 3:00 Puzzle Palooza 5:00 Table Hockey 6:00 Jenga/ Badminton	30 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 Sing a long 12:30 Crafts 1:00 OH MY NAILS 2:00 Trivia 3:15 Color Craze 5:30 Bingo 7:00 Movie/Celebration of life box		National Days 1 Flip a coin 6 D-Day 8 Best friend Day 9 Donald Duck Day 14 Flag Day 15 national prune day 18 Picnic day 22 Chocolate Éclair Day 24 Handshake day 28 Paul Bunyan Day	29 national HUG day