

# Josephine Memory Care September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:30 Trivia 1:00 Hydration Station 1:30 Dana Story Telling 3:15 Color Craze 5:30 Hand massage with Lotion	2 10:00 Sing a long 10:30 Sittercise 1:00 hydration station 2:00 Crafts 3:15 Reminisce with books 5:30 Bingo	3 10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 States and Capitols 5:30 Celebrate life box	4 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Pit card game 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
5 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 2nd floor patio 3:00 Bingo	6 10:00 sittercise 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station/ nails 2:00 Lets Bake 3:15 Trivia 5:30 Balloon badminton 7:00 Toss a cross	7 10:00 Sing a long 11:00 sittercise 12:30 Noodle Ball 2:00 hydration station 3:00 Cross Words 5:30 Trivia	8 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:30 Trivia 1:00 Hydration Station 1:30 Poem reading 3:15 Color Craze 5:30 Hand Massage with Lotion	9 10:00 Sing a long 10:30 Sittercise 1:00 Lets get moving/ hydration station 2:00 Lets Bake 3:15 Chit Chat 5:30 Cross Word	10 10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 Joggin your noggin 5:30 Celebrate life box	11 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Pit card game 1:00 Hydration Station 2:00 Trivia 3:00 BINGO
12 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 2nd floor patio 3:00 Jenga	13 10:00 Michelle on guitar 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station 2:00 theater on 2 Hello Dolly 3:15 Trivia 5:30 Balloon Badminton 7:00 Toss a Cross	14 10:00 Sing a long 11:00 sittercise 12:30 noodle Ball 2:00 Color Craze hydration station 3:00 Cross Words 5:30 Ball Toss	15 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 12:45 Trivia 1:30 Dana story telling 2:00 Poem Reading 3:15 Color Craze 5:30 Hand message with Lotion	16 10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:30 Hydration Station 2:00 Crafts 3:15 Reminisce with books 5:30 Bingo	17 10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 States and Capitols 5:30 Celebrate Life box	18 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Bowling 1:00 Hydration Station 2:00 Poem Reading 3:00 BINGO
19 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 basketball 3:00 Bingo	20 10:00 Sittercise 11:00 Sing a long 12:30 Walking Club 1:00 Hydration Station/nails 2:00 Lets Bake 3:15 Trivia 5:30 Balloon Badminton 7:00 Toss a Cross	21 10:00 Sing a long 11:00 Sittercise 1:00 Noodle Ball 2:00 hydration station 3:00 Color Craze 5:30 Trivia	22 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 Sing a long 12:30 Trivia 1:00 Hydration Station 1:30 3:15 Color Craze 5:30 Hand Massage with Lotion	23 10:00 Sing a long 10:30 Sittercise 1:00 Walking club 1:30 Hydration Station 2:00 Color Craze 3:15 Lets talk 5:30 Poem reading	24 10:00 Sing a long 10:30 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Noodle Ball 3:15 Joggin your noggin 5:30 celebrate life box	25 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:30 Pit card game 1:00 Hydration Station 2:00 States and Capitols 3:00 BINGO
26 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:30 Basketball 3:00 Jenga	27 10:00 Michelle on guitar 11:00 Sittercise 12:30 Walking Club 1:00 Hydration Station 2:00 Theater on 2 Singing in the rain 3:15 Trivia 5:30 balloon badminton 7:00 Toss a Cross	28 10:00 sing a long 11:00 Sittercise 1:00 Ball Toss 2:00 Nails cleaned/ hydration 3:00 Color Craze 5:30 Ball Toss	29 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 Sing a long 12:30 Dana story Telling 1:00 Hydration Station 1:30 Poem Reading 3:15 Color Craze 5:30 Hand massage with Lotion	30 10:00 Sing a long 10:30 Sittercise 1:00 Walking club 1:30 Hydration Station 2:00 Lets Bake 3:15 Reminisce with Books 5:30 Bingo		