





Josephine Memory Care

August 2022



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|--|--|--|
|  | 1 9:00 Breakfast 10:00 sittercise 11:00 Sing a long 12:00 Lunch 1:00 Hydration Station 2:00 Bowling 3:00 Balloon Badminton 4:00 Walking Club 5:00 Dinner | 2 9:00 Breakfast 10:00 Morning singing 10:30 Stretching with Ron 11:00 sing a long 12:00 Lunch 2:00 hydration station/ Life boxes 3:00 Favorite food challenge 4:00 Reminisce with books 6:00 Noodle Ball | 3 9:00 Breakfast 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long/12:00 Lunch 1:00 Make a story with Dana 2:00 President Trivia 3:00 Poem Reading 5:00 Dinner | 4 9:00 Breakfast 10:00 Good morning 10:30 sing a long 11:00 sittersize 12:00 Lunch 1:30 Nails 4:00 States and Capitols/ 5:00 Dinner 6:00 Bingo | 5 9:00 Breakfast 10:00 AIM 10:30 sing a long 11:00 Walking Club/12:00 Lunch 1:00 Ball Toss 2:00 Color craze 3:00 States and Capitols 4:00 Balloon Badminton 5:00 Dinner | 6 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:00 Lunch 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO 5:00 Dinner |
| 7 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:00 Lunch 1:00 Ball Toss 3:00 Hydration Station 5:00 Dinner | 8 9:00 Breakfast 10:30 Michelle on Guitar 11:00 sittercise 12:00 Lunch 1:30 Hydration Station/ Clay play 2:00 Sensory 3:00 Go Fish 4:00 Walking Club 5:00 Dinner | 9 9:00 Breakfast 10:00 Morning singing 10:30 Stretching with Ron 11:00 Sing a long/ 12:00 Lunch 1:30 Scent exploration 2:15 hydration station/ nails 3:15 Cross Words 4:00 Life Boxes/ 5:00 Dinner 6:00 Bingo | 10 9:00 Breakfast 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long/12:00 Lunch 1:00 Scarf Juggling 2:00 Poem Reading 3:00 Color Craze 4:00 Name Game/5:00 Dinner | 11 9:00 Breakfast 10:00 Good morning 10:30 sing a long 11:00 Nails/ 12:00 Lunch 1:30 Theater 10 4:00 States and Capitols 5:00 Dinner 6:00 Bowling | 12 9:00 Breakfast 10:00 AIM 10:30 Sing a long 11:00 Alphabet adventures 12:00 Lunch 2:00 Crafts 3:00 Joggin your noggin 4:00 Basketball 5:00 Dinner | 13 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:00 LUnch 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO 5:00 Dinner |
| 14 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:00 Lunch 1:00 Basketball 3:00 Hydration Station 5:00 Dinner | 15 9:00 Breakfast 10:00 Moring inspiration 11:00 Sittercise 12:00 Lunch 2:00 Watching Birds on the Porch 4:00 Ring toss 5:00 Dinner | 16 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long/ 12:00 Lunch 1:30 Cooking / Happy Hour 3:15 Color Craze 4:00 Bean bag balance/ 5:00 Dinner 6:00 Balloon badminton | 17 9:00 Breakfast 10:00 Morning Inspiration 10:30 AIM 11:00 Go Fish / 12:00 Lunch 1:00 Story making with Dana 2:30 Joggin your noggin on the porch 4:00 Ball toss 5:00 Dinner | 18 9:00 Breakfast 10:00 Sing a long 10:30 Sittercise 11:00 States and Capitols 12:00 Lunch 1:45 Dayton Drive 4:00 Balloon Badminton 5:00 Dinner 6:00 Trivia | 19 9:00 Breakfast 10:00 Sing a long 10:30 AIM 11:00 Walking Club 12:00 Lunch 1:00 Lets sit on the porch 3:00 States and Capitols on the porch 4:00 Balloon Badminton 5:00 Dinner | 20 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:00 LUnch 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO 5:00 Dinner |
| 21 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:00 Lunch 1:00 Bingo 3:00 Hydration Station 5:00 Dinner | 22 9:00 Breakfast 10:30 Michelle on Guitar 11:00 Sittercise 12:00 Lunch 1:00 NAILS 2:00 Cooking with Haley/Hydration station 3:00 Trivia 4:00 color Craze 5:00 Dinner | 23 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long/ 12:00 Lunch 1:00 Trivia 2:00 Crafts 3:00 Scarf Juggle 4:00 Walking Club/ 5:00 Dinner 6:00 Darts | 24 9:00 Breakfast 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 12:00 Lunch 2:00 Remember When 3:00 Guess the Candy 5:00 Dinner | 25 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sittercise 11:00 sing a long 12:00 Lunch 1:00 Hydration Station/Nails 3:00 Letters and Stationary 4:00 Ring Toss/ 5:00 Dinner 6:00 Bingo | 26 9:00 Breakfast 10:00 sing a long 10:30 AIM 11:00 Trivia 12:00 Lunch 1:00 Ball Toss 2:00 Crafts 3:00 Color Craze 4:00 Curling 5:00 Dinner | 27 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 12:00 Lunch 1:00 Hair styling 2:00 Celebrate life boxes 3:00 BINGO 5:00 Dinner |
| 28 9:00 Breakfast 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:00 Lunch 1:00 Hydration Station 2:00 Dayton Trivia 3:00 Card games 5:00 Dinner | 29 9:00 Breakfast 10am Good morning 10:30 Sittercise 12:00 Lunch 1:00 Color Craze 3:00 Balloon badminton 4:00 Puzzle Pieces 5:00 Dinner | 30 9:00 Breakfast 10:00 sing a long 10:30 Stretching with Ron/ 12:00 Lunch 1:00 Ball Toss 2:00 Birthday Party 3:00 Color Craze 4:00 Keeping the beat / 5:00 Dinner 6:00 States and Capitols | 31 9:00 Breakfast 10:00 Morning Inspiration 10:30 AIM 11:00 Sing a long 12:00 Lunch 1:00 Crafts 3:00 Shuffle Board 5:00 Dinner |  | | |