



# NOVEMBER

## Josephine Memory Care, November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 10:00 Morning singing 10:30 Stretching with Ron 11:00 Sing a Long 1:00 Dayton Trivia 2:00 Ball Toss 3:00 Name that Tune 6:00 Darts	<b>2</b> 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 1:00 Make a story with Dana 3:00 Let's get MOVING 4:00 Memory Box 6:00 Noodle Ball	<b>3</b> 10:00 Good morning 10:30 sing a long 11:00 sittersize 1:00 Indian Hats 3:00 Categories game 4:00 States and Capitols 6:00 Shuffle Board	<b>4</b> 10:00 AIM 10:30 Morning Inspiration 11:00 Sing a Long 2:00 Pastry Party 4:00 Thanksgiving dice 6:00 Kick Ball	<b>5</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Crafts 3:00 BINGO
<b>6</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 1:00 Dancing with scarfs 2:00 Color Craze 3:00 Bingo	<b>7</b> 10:00 morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Whats your turkey name 3:00 Nails 6:00 5 min massages	<b>8</b> 10:00 Morning singing 10:30 Stretching with Ron 11:00 sing a long 1:00 Apple stamping 3:00 Presidential Trivia 4:00 Balloon Badminton 6:00 Chair Yoga	<b>9</b> 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 1:00 Kick Ball 2:00 Keep the Beat 3:00 Remember When 6:00 Basketball	<b>10</b> 10:00 Good morning 10:30 sing a long 11:00 sittersize 1:00 Turkey Crafts 4:00 States and Capitols 6:00 Bingo	<b>11</b> 10:00 AIM 10:30 Sing a long 11:00 Sing a long 1:30 OUTING on the BUS 2:00 Color Craze 4:00 Joggin your noggin 6:00 Movie	<b>12</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Bowling 2:00 Celebrate life boxes 3:00 Nails
<b>13</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 1:00 Bible Reading 3:00 Bingo	<b>14</b> 10:00 Michelle on guitar 10:30 Sittercise 1:00 Balloon Badminton 2:00 States and Capitols 3:00 Dancing with a scarf 6:00 Noodle Ball	<b>15</b> 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 1:00 tissue Paper fall tree 3:00 Thankful Moments 6:00 Ball Toss	<b>16</b> 10:00 Morning Inspiration 10:30 AIM 11:00 Sing a long 1:00 Story making with Dana 2:00 Walking club 4:00 Best Parade moments 6:00 Bingo	<b>17</b> 10:00 Good Morning 10:30 Sittercise 11:00 Sing a long 1:00 Crafts 3:00 Shake your feathers 4:00 Finish the Phrase 6:00 Trivia	<b>18</b> 10:00 AIM 11:00 Sing a long 1:00 Bean Bag Balance 2:00 Name that Tune 4:00 Nail Spa 6:00 Movie	<b>19</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
<b>20</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Bible Reading 2:00 Basketball 3:00 Memory boxes	<b>21</b> 10:00 Good morning 10:30 Sing a long 11:00 Sittercise 1:00 Categories 2:00 Memory Boxed 3:00 Painting 6:00 Bowling	<b>22</b> 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 1:00 Us Presidents 2:00 Ring Toss 4:00 I love Lucy 6:00 Basket Ball	<b>23</b> 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 1:00 Charlie Brown with Pop-corn 4:00 Thanksgiving tradition 6:00 LET's Dance	<b>24</b> 	<b>25</b> 10:00 Alm 10:30 Good Morning 11:00 Singing 1:00 Joggin your noggin 2:00 Crafts 3:00 Nails 4:00 Curling	<b>26</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
<b>27</b> 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 Basketball 3:00 Bingo	<b>28</b> 10am Michelle on Guitar 11:00 Good Morning 11:30 Sittercise 1:00 Dayton Trivia 2:00 Nails 4:00 Bowling 6:00 Pictionary	<b>29</b> 10:00 Good Morning 10:30 Stretching with Ron 11:00 Sing a Long 2:00 Birthday Party 3:00 Color Craze 4:00 Keep the Beat 6:00 States and Capitols	<b>30</b> 10:00 Morning Inspiration 10:30 AIM 11:00 Sing a long 1:00 Bean Bag Balance 2:00 Trivia 3:00 Darts 4:00 Categories game 6:00 Basketball			