



Josephine Memory Care - July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:00 Sing a long 10:30 AIM 11:00 Walking Club 1:00 Hydration Station/ Nails 2:00 Cooking 3:00 States and Capitols 4:00 Balloon Badminton	2 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
					3 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 Basketball 3:00 Bingo	4 10:00 sittercise 11:00 Sing a long 1:00 Hydration Station 2:00 Bowling 3:00 Balloon Badminton 4:00 Walking Club
10 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station	11 10:00 Michelle on guitar 11:00 Sittercise 11:00 Darts 1:00 Hydration Station 2:00 Bowling	12 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 1:00 Hydration Station 1:30 Poem reading	13 10:00 Morning Inspiration 10:30 AIM 11:00 Nails 1:00 Toss a cross 2:30 Joggin your noggin on	14 10:00 Sing a long 10:30 Sittercise 11:00 States and Capitols 1:00 Cooking with Haley 3:00 Lets make something	15 10:00 Sing a long 10:30 AIM 11:00 Walking Club 1:00 Hydration Station 2:00 Cooking	16 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Hydration Station 2:00 Celebrate life boxes
17 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station	18 10:00 Michelle on Guitar 10:30 Sittercise 11:00 Cooking with Haley 1:00 Hydration Station/nails 2:00 Darts	19 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 1:00 Trivia 2:00 Poem Reading	20 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 1:00 Make a story with Dana 2:00 Poem Reading on the	21 10:00 Morning Inspiration 10:30 Sittercise 11:00 sing a long 1:00 Hydration Station 1:30 Nails	22 10:00 sing a long 10:30 AIM 11:00 Trivia 1:00 Ball Toss 2:00 Crafts	23 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Hydration Station 2:00 Celebrate life boxes
24 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 Basketball 3:00 Bingo	25 10am Good morning 10:30 Sittercise 1:00 Lets get moving/ hydration station 2:00 Noodle Ball 3:00 Cross Word 4:00 Kick ball	26 10:00 sing a long 10:30 Stretching with Ron 1:00 Ball Toss 2:00 Birthday Party 3:00 Color Craze 4:00 Noodle Ball 6:00 States and Capitols	27 10:00 Morning Inspi-ration 10:30 AIM 11:00 Sing a long 1:00 Theater 2 3:00 Color Craze	28 10:00 Sing a long 10:30 Sittercise 11:00 Cooking with Haley 1:00 Hydration Station 2:00 Cooking 3:00 States and Capitols	29 10:00 sing a long 10:30 AIM 11:00 Trivia 1:00 Ball Toss 2:00 Crafts 3:00 Color Craze 4:00 Curling	30 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Hydration Station 2:00 Celebrate life boxes 3:00 BINGO
31 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 12:30 Walking Club 1:00 Hydration Station 2:00 Basketball 3:00 Bingo						