
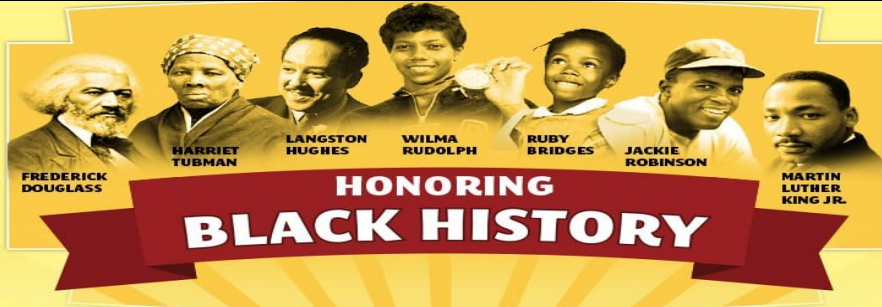



Assisted Living Activities

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>BLACK HISTORY MONTH</p>	 <p>HONORING BLACK HISTORY</p>		<p>1 No Morning Exercise Today! 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Open Forum w/ice cream!-CR No Chair Yoga Today! 2-3:00 Happy Hour-MM 6:00 Night & Day-T10 6:30 \$\$BINGO\$\$-PR</p>	<p>2 Ground Hog Day  10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR 1:00 Spa Hour-BT 1:00 Bible Study-PR 2:00 Lounge is open!-NL 6:00 The Secret Dare to Dream-T10</p>	<p>3 10:00 Karen F.'s Exercise Class-CR 10:30 Blank Slate-CR 1:00 FREE Bingo!-CR 2-3:00 Happy Hour-MM 6:00 Charade-T10 WEAR Hawaiian Shirt!</p>	<p>4 10:30 Kenny's Exercise-FC 3:00 Lilly's Activity Choice-CR 6:00 The Butler-T10</p>
	<p>5 10:00 Michelle's Activity Choice-CR 1:00 Sunday Worship-PR 3:00 Lilly's Activity Choice-CR 6:00 Dirty Rotten Scoundrels-T10</p>	<p>6 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL 12:30 Rosary-Chapel 1:30 Party Bridge-NL 1:00 Spa Hour-BT 1:00 Chair Yoga w/Karen F-PR 2-3:00 Happy Hour-MM 6:00 Elsa & Fred-T10 6:30 Euchre-BT</p>	<p>7 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR 2:00 Lounge is open!-NL 2:00 LIVE MUSIC! Valley Horns Perform!-PR 3:00 Door to Door Activities 6:00 Akeelah and the Bee-T10</p>	<p>8 10:00 Karen F.'s Exercise Class-CR 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Spa Hour-BT 1:00 Chair Yoga w/Karen F-PR 2:00 GUEST SPEAKER! Larry Lewis & Mike Badger-Tuskegee Airman & Buffalo Soldiers-PR 2-3:00 Happy Hour-MM 6:00 Pocketful of Miracles-T10 6:30 \$\$BINGO\$\$-PR</p>	<p>9 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR 1:00 Bible Study-PR 2:00 Lounge is open!-NL 2:00 SPECIAL PROGRAM! Officer Dan Mamula discusses how to avoid scams-PR 6:00 Our Town-T10</p>	<p>10 10:00 Karen F.'s Exercise Class-CR 10:30 Blank Slate-CR 1:00 FREE Bingo!-CR 2-3:00 Happy Hour-MM 6:00 Respect-T10 WEAR Pink!</p>
<p>12 No Sunday Worship 2-3:30 LIVE MUSIC! THE AVALONSI-PR *Super Bowl @ 6:30pm!*</p>	<p>13 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL 12:30 Rosary-Chapel 12:30 Dollar Store Outing! Sign-up w/Lydia! (Limit 8)-FL 1:30 Party Bridge-NL 1:00 Chair Yoga w/Karen F-PR 2-3:00 Happy Hour-MM 2:00 LEE'S Beaded Jewelry Sale!-MM 3:00 Learn to Wii Bowl!-Wii Room 6:00 Fletch-T10 6:30 Euchre-BT</p>	<p>14 Valentine's Day 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR 2:00 Lounge is open!-NL 2:00 PET VISITS! A SWEET PET POW-WOW!-PR 3:00 Book Group-PR 6:00 Grease-T10</p>	<p>15 10:00 Karen F.'s Exercise Class-CR 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Spa Hour-BT 1:00 Chair Yoga w/Karen F-PR 2-3:00 Happy Hour-MM 6:00 Parenthood-T10 6:30 \$\$BINGO\$\$-PR</p>	<p>16 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR 1:00 Bible Study-PR 2:00 Lula Belle Art Class-CR 2:00 Lounge is open!-NL 6:00 Daddy Day Care-T10</p>	<p>17 No Morning Exercise Today! 10:30 Blank Slate-CR 1:00 ALL Resident's Meeting-PR 1:00 FREE Bingo!-CR 2-3:00 Happy Hour-MM 6:00 RV-T10 WEAR Red!</p>	<p>18 10:30 Kenny's Exercise-FC 3:00 Sarah's Activity Choice-CR 6:30-8:00 LIVE MUSIC! Sweetheart Social w/Bill Corfield!-PR</p>
<p>19 10:00 Lilly's Activity Choice-CR 1:00 Sunday Worship-PR 3:00 Sarah's Activity Choice-CR 3-4:00 Dementia Support Group Meets-PR 6:00 The Big Year-T10</p>	<p>20 President's Day 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL 12:30 Rosary-Chapel 1:30 Party Bridge-NL 12:30 Goodwill Outing! Sign-up w/Lydia! (Limit 8)-FL 1:30-2:00 LIVE MUSIC! UD Music Program!-PR No Chair Yoga Today! 2-3:00 Happy Hour-MM 6:00 The Color of Friendship-T10 6:30 Euchre-BT</p>	<p>21 Mardi Gras! 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR 1:00 Pop Up Activity!-CR 2:00 Lounge is open!-NL 3:00 Door to Door Activities 6:00 A Place in the Sun-T10</p>	<p>22 Ash Wednesday 10:00 Karen F.'s Exercise Class-CR 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Spa Hour-BT 1:00 Chair Yoga w/Karen F-PR 2-3:00 Happy Hour-MM 3:00 Mass & Ashes with Father Angelo-PR 6:00 A Patch of Blue-T10 6:30 \$\$BINGO\$\$-PR</p>	<p>23 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR Outing to the Movie Theater to see Otto or 80 for Brady! Sign-up w/ Lydia (Limit 4)- Time TBD! 1:00 Bible Study-PR 2:00 Lounge is open!-NL 6:00 The Aviator-T10 WEAR Fabulous Socks!</p>	<p>24 10:00 Karen F.'s Exercise Class-CR 10:30 Blank Slate-CR 1:00 FREE Bingo!-CR 2-3:00 Happy Hour-MM 2:00 LIVE MUSIC! Bob and Dan Perform!-MM 6:00 Notting Hill-T10 WEAR Fabulous Socks!</p>	<p>25 10:00 Michelle's Activity Choice-CR 3:00 Patti's Activity Choice-CR 6:00 The Zookeepers Wife-T10</p>
<p>26 10:00 Michelle's Activity Choice-CR 1:00 Sunday Worship-PR 3:00 Lilly's Activity Choice-CR 6:00 The Edge of the City-T10</p>	<p>27 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL 12:30 Rosary-Chapel 1:30 Party Bridge-NL 1:00 Debs Massages & FREE Bingo-CR No Chair Yoga Today! 2-3:00 Happy Hour-MM 3:00 Learn to Wii Bowl!-Wii Room 6:00 Belle-T10 6:30 Euchre-BT</p>	<p>28 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR 1:00 Arts & Crafts w/Stella & Birthday Party!-CR 2:00 Lounge is open!-NL 3:00 Door to Door Activities 3:00 Book Group-PR 6:00 Leap Year-T10</p>	<p>GROUND FLOOR ROOMS: PR- Patterson Room GD- Grand Oaks Dining Room WL- Wilmington Lanes MM- Mini Mall (salon / mail room / café) FC- Fitness Center C10- Cinema 10 NL- Newcom Lounge OCR- Oakwood Conference Room MT- Massage Therapy Wellness Center (Queen City and Touching Hearts) Karen Haverland's Office General Store Chapel Hair Salon</p>	<p>1st Floor: CR - Carillon Room Lydia's Office/AL Activities Office WL - Wright Library FL - Front Lobby 2nd Floor: BT - Belmont Terrace T10 - Theater 10 MDR - Meadows Dining Room Outdoors: AT - Amphitheater/Patio GZ - Gazebo P-Patio</p>	<p>Calendar Color Guide PURPLE: Religious Event GREEN: MOVIES in T10/PR BLUE: Special Events RED: Sign-up w/Lydia in CR/ NEW Events!</p>	<p>General Store is open: Monday-Friday 8:00am-10:00am (M,W,F) 2:00pm-3:00pm</p>

