

Independent Living Activities

FEBRUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>GROUND FLOOR ROOMS: PR-Patterson Room GD- Grand Oaks Dining Room WL- Wilmington Lanes MM- Mini Mall (salon / mail room / café) FC- Fitness Center C10- Cinema 10 NL- Newcom Lounge OCR- Oakwood Conference Room MT- Massage Therapy Wellness Center (Queen City and Touching Hearts) Karen Haverland's Office General Store Chapel</p>	<p>1st Floor: CR - Carillon Room Lydia's Office/AL Activities Office WL - Wright Library FL - Front Lobby</p> <p>2nd Floor: BT - Belmont Terrace T10 - Theater 10 MDR - Meadows Dining Room</p> <p>Outdoors: AT - Amphitheater/Patio GZ - Gazebo P-Patio</p>	<p>Color Key for this CALENDAR:</p> <p>Red-Sign up Purple-Religious Blue-Special Event Green-Cinema 10 Movies</p>	<p>1 10:30 Balance Class-PR 11:00 In the News-café NO CHAIR YOGA 2-3:00 Happy Hour!-MM 6:30 BINGO-PR</p>	<p>2 Groundhog Day! 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 1:00 Jack Riggs' BIBLE STUDY-PR 2-3:00 Newcom Lounge Time 6:15 Iron Will (D)</p> 	<p>3 Hawaiian Day! ALOHA! 11:00 Trivia Fun-NL 2-3:00 Happy Hour!-MM 6:15 A Midsummer Hawaiian Dream (A)</p> <p><i>WEAR Hawaiian Shirt</i></p> 	<p>4 10:30 KENNY'S EXERCISE-FC 6:15 No Time to Die (A)</p>
<p>5 9:30 Depart for MASS 1:00 Sunday Worship-PR 6:15 The Trip to Bountiful (A)</p> 	<p>6 10:30 Walking Club-FL 12:30 Rosary-Chapel 1:00 Chair Yoga Time!-PR NEW TIME! 1:30 Party BRIDGE-NL 2-3:00 Happy Hour!-MM 3:00 LEARN TO BOWL! 6:15 Respect (A) 6:30 Euchre-BT</p>	<p>7 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 12:00 Kroger Shopping 2-3:00 Newcom Lounge Time 2:00 LIVE MUSIC! "Valley Horns" perform-PR 6:15 Mark Twain and Me (D)</p>	<p>8 10:30 Balance Class-PR 11:00 In the News-café 1:00 Chair Yoga Time!-PR *Celebrating Black History Month: 2:00 GUEST SPEAKER!-PR Larry Schmitt presents: "Tuskegee Airman & Buffalo Soldiers" 2-3:00 Happy Hour!-MM 6:30 BINGO-PR</p>	<p>9 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 1:00 Jack Riggs' BIBLE STUDY-PR 2:00 SPECIAL PROGRAM! Officer Dan Mamula discusses how to AVOID SCAMS-PR 2-3:00 Newcom Lounge Time 6:15 Black Beauty (D)</p>	<p>10 11:00 Trivia Fun-NL 1:00 ALL RESIDENTS' MEETING: Resident Council Monthly Meeting-PR 2-3:00 Happy Hour!-MM 6:15 Revenge of the Pink Panther (A) WEAR Pink!</p>	<p>11 10:30 KENNY'S EXERCISE-FC 6:15-7:00 LIVE MUSIC! Brad and Friends perform HARP & PIANO-PR</p>
<p>12 9:30 Depart for MASS NO SUNDAY WORSHIP 2-3:30 LIVE MUSIC! "THE AVALONS!"-PR SUPER BOWL TONIGHT!</p>	<p>13 10:30 Walking Club-FL 12:30 Rosary-Chapel 1:00 Chair Yoga Time!-PR NEW TIME! 1:30 Party BRIDGE-NL 2-3:00 Happy Hour!-MM 2:00 Lee's Jewelry Sales!-MM 3:00 LEARN TO BOWL! 6:15 Men in Black II (A) 6:30 Euchre-BT</p>	<p>14 "Valentine's Day" 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 12:00 Kroger Shopping 2:00 PET VISITS for ALL! A SWEET PET POW-WOW!-PR 2-3:00 Newcom Lounge Time 3:00 Book Group-PR 6:15 Clouds (D)</p> 	<p>15 10:30 Balance Class-PR 11:00 In the News-café 11:00 Walmart Shopping 1:00 Chair Yoga Time!-PR 2-3:00 Happy Hour!-MM 6:30 BINGO-PR</p>	<p>16 DR. DUCKRO DAY 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 1:00 Jack Riggs' BIBLE STUDY-PR 2:00 OPEN FORUM and ICE CREAM OFFERED-PR 2-3:00 Newcom Lounge Time 6:15 Ma Rainey's Black Bottom (N)</p>	<p>17 11:00 Trivia Fun-NL 2-3:00 Happy Hour!-MM 6:15 The School of Good & Evil (N) WEAR Red!</p> 	<p>18 10:30 KENNY'S EXERCISE-FC 6:30-8:00 LIVE MUSIC! Sweetheart Social w/ Bill Corfield!-PR</p>
<p>19 9:30 Depart for MASS 1:00 Sunday Worship-PR 3-4:00 Dementia Support Group Meets-PR 6:15 Dave (A)</p>	<p>20 President's Day 10:30 Walking Club-FL 12:30 Rosary-Chapel NEW TIME! 1:30 Party BRIDGE-NL NO CHAIR YOGA 1:30-2:00 LIVE MUSIC! UD MUSIC PROGRAM-PR 2-3:00 Happy Hour!-MM 3:00 LEARN TO BOWL! 6:15 Fences (A) 6:30 Euchre-BT</p> 	<p>21 "Mardi Gras" 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 12:00 Kroger Shopping 2:00 BOWLING TOURNAMENT! 2-3:00 Newcom Lounge Time 6:15 Finest Hours (D)</p> 	<p>22 Ash Wednesday 10:30 Balance Class-PR 11:00 In the News-café 1:00 Chair Yoga Time!-PR 2-3:00 Happy Hour!-MM 3:00 Mass & Ashes with Father Angelo-PR 6:30 BINGO-PR</p> 	<p>23 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 1:00 Jack Riggs' BIBLE STUDY-PR 2:00 AMY'S ART CLASS! (PR) 2-3:00 Newcom Lounge Time 6:15 A Fall From Grace (N)</p>	<p>24 10:00 Library Outing (East Branch) 11:00 Trivia Fun-NL 11:30 Meijer Shopping 2-3:00 Happy Hour!-MM 1:00 MARCH CALENDAR MEETING 2:00 LIVE MUSIC! Bob and Dan Perform 6:15 (1963) Pink Panther WEAR Fabulous Socks!</p> 	<p>25 10:30 KENNY'S EXERCISE-FC 6:15 On the Beach (?)</p>
<p>26 9:30 Depart for MASS 1:00 Sunday Worship-PR 6:15 A Fish Called Wanda (A)</p>	<p>27 10:30 Walking Club-FL 12:00 DOTS MARKET TOUR/Shopping Behind the scenes tour of new market at Cross Point Center (10) 12:30 Rosary-Chapel NO CHAIR YOGA NEW TIME! 1:30 Party BRIDGE-NL 2-3:00 Happy Hour!-MM 3:00 LEARN TO BOWL! 2-3:30 Deb's Massages-MT 6:15 Gandhi (A)</p>	<p>28 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:15 Trivia Fun-NL 12:00 Kroger Shopping 1:00 SIGN UP Trace's Tech Talk-OCR (every 10 min w/5 min in between) 2:00 BOWLING TOURNAMENT! 2-3:00 Newcom Lounge Time 3:00 Book Group-PR 6:15 To Be or not to Be (1941 version) (A)</p>	<p>BLACK HISTORY MONTH</p> 			