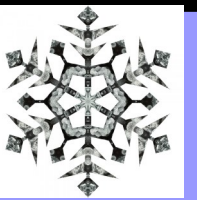




Josephine Memory Care January 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 1:00 Dancing with scarfs 2:00 Color Craze 3:00 Lite Music	2 10:00 Good morning 10:30 Sing a long 11:00 Sittercise 1:00 Jokes 2:00 Dice 3:00 Bingo 4:00 Kick Ball	3 10:00 Good Morning 10:30 Stretching with Ron 11:00 Sing a Long 2:00 nails 3:00 Color Craze	4 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 1:00 Story with Dana 2:00 Keep the Beat 3:00 Remember When	5 10:00 Good morning 10:30 sing a long 11:00 sittersize 1:00 Bean Bag Balance 3:00 Categories game 4:00 Noodle Ball 6:00 Movie	6 10:00 AIM 10:30 Morning Inspiration 11:00 Sing a Long 1:00 Chair Yoga 2:00 Name that Tune 4:00 Kick Ball 6:00 Dayton Trivia	7 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Color Craze 2:00 Crosswords 3:00 Poems
8 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 1:00 Dancing with scarfs 2:00 Color Craze 3:00 Lite Music	9 10:00 morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Basketball 3:00 Bingo 6:00 Nails	10 10:00 Morning singing 10:30 Stretching with Ron 11:00 sing a long 1:00 Crafts 3:00 Presidential Trivia	11 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 1:00 Tell a Joke 2:00 Keep the Beat 3:00 Remember When	12 10:00 Good morning 10:30 sing a long 11:00 sittersize 1:00 noodle ball 4:00 Basket Ball 6:00 Color Craze	13 10:00 AIM 10:30 Morning Inspiration 11:00 Sing a long 1:00 Finish the phrase 2:00 Memory Boxes 4:00 Shuffle Board	14 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Chit Chat 2:00 Celebrate life boxes 3:00 Bible verses
15 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 1:00 Dice game 3:00 Memory Boxes	16 10:00 Michelle on guitar 10:30 Sittercise 11:00 sing along 1:00 Keeping the beat 2:00 States and Capitals 3:00 Noodle Ball 6:00 Chit Chat with Drinks	17 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 1:00 Crafts 3:00 Balloon Parachute	18 10:00 Morning Inspiration 10:30 AIM 11:00 Sing a long 1:00 Story making with Dana 2:00 Bingo 3:00 Best Parade moments	19 10:00 Good Morning 10:30 Sittercise 11:00 Sing a long 1:00 Categories 3:00 Shake your feathers 4:00 Nails 6:00 Trivia	20 10:00 AIM 11:00 Sing a long 11:30 Morning Inspiration 1:00 Bake 4:00 Bingo 6:00 Movie	21 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Color Craze 2:00 Bible Verses 3:00 Poems
22 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 1:00 Color Craze 2:00 Dice Game 3:00 Memory boxes	23 10:00 Good morning 10:30 Sing a long 11:00 Sittercise 1:00 Jokes 2:00 Dice 3:00 Bingo 4:00 Kick Ball 6:00 Chit chat	24 10:00 Morning Inspiration 10:30 Sittercise with Ron 11:00 sing a long 1:00 Trivia 2:00 Cone toss 3:00 balloon badminton	25 10:00 Morning Inspiration 10:30 AIM 11:00 sing a long 1:00 Hot Potato 3:00 Shuffle board	26 10:00 Morning Inspiration 10:30 sing along 11:00 Sittercise 1:00 Christmas movie 4:00 Hot CoCo and Chat 6:00 Trivia	27 10:00 Alm 10:30 Good Morning 11:00 Singing 1:00 Joggin your noggin 2:00 Crafts 3:00 Bingo 4:00 Nails 6:00 Memory lane	28 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Color Craze 2:00 Bible Verses 3:00 Poems
29 10:00 Morning Inspiration 10:30 Sing a long 11:00 Chapel Visit 1:00 Color Craze 2:00 Dice Game 3:00 Memory boxes	30 10am Michelle on Guitar 11:00 Good Morning 11:30 Sittercise 1:00 Categories 2:00 Finish the phrase 4:00 Shuffle board 6:00 balloon Toss	31 10:00 Good Morning 10:30 Stretching with Ron 11:00 Sing a Long 2:00 Birthday Party 3:00 Color Craze	10:00 Morning Inspiration 10:30 AIM 11:00 Sing a long 1:00 Stories with Dana 3:00 Color Craze	10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Color Craze 2:00 Snacks and Chat 3:00 Nails 4:00 Bowling 6:00 Name that tune	31 10:00 Alm 10:30 Good Morning 11:00 Singing 1:00 Joggin your noggin 2:00 Crafts 3:00 Nails 4:00 Bingo 6:00 Movie	31 10:00 Morning Inspiration 10:30 Sing a long 11:00 Sittercise 1:00 Color Craze 2:00 Bible Verses 3:00 Poems

