

# Assisted Living Activities

## MARCH 2023 DRAFT



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>GROUND FLOOR ROOMS:</b> PR-Patterson Room GD- Grand Oaks Dining Room WL- Wilmington Lanes MM- Mini Mall (salon / mail room / café) FC- Fitness Center C10- Cinema 10 NL- Newcom Lounge OCR- Oakwood Conference Room MT- Massage Therapy Wellness Center (Queen City and Touching Hearts) Karen Haverland's Office General Store Chapel</p>	<p><b>1st Floor:</b> CR - Carillon Room Lydia's Office/AL Activities Office WL - Wright Library FL - Front Lobby</p> <p><b>2nd Floor:</b> BT - Belmont Terrace T10 - Theater 10 MDR - Meadows Dining Room</p> <p><b>Outdoors:</b> AT - Amphitheater/Patio GZ - Gazebo P-Patio</p>	<p><b>Calendar Color Guide</b> <b>PURPLE: Religious Event</b> <b>GREEN: MOVIES in T10/PR</b> <b>BLUE: Special Events</b> <b>RED: Sign-up w/Lydia in CR/ NEW Events!</b></p>	<p><b>1</b> No Morning Exercise Today! 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise <b>1:00 Open Forum-CR</b> <b>1:00 Chair Yoga w/Karen F.-PR</b> <b>2-3:00 Happy Hour-MM</b> <b>6:00 Respect-T10</b> <b>6:30 \$\$BINGO\$\$-PR</b></p>	<p><b>2</b> 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR 1:00 Spa Hour-BT <b>1:00 Bible Study-PR</b> 2:00 Lounge is open!-NL <b>6:00 National Treasure-T10</b></p>	<p><b>3</b> No Morning Exercise Today! 10:30 Blank Slate-CR 1:00 FREE Bingo!-CR <b>2-3:00 Happy Hour-MM</b> <b>6:00 War Horse-T10 (DVD)</b></p> <p><b>Wear Denim-head to toe!</b></p>	<p><b>4</b> 10:00 Lilly's Activity Choice-CR 3:00 Sarah's Activity Choice-CR <b>6:00 The Zookeepers Wife-T10</b></p>
<p><b>5</b> 10:00 Lilly's Activity Choice-CR <b>1:00 Sunday Worship-PR</b> 3:00 Michelle's Activity Choice-CR <b>6:00 Loving-T10</b></p>	<p><b>6</b> 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL <b>12:30 Rosary-Chapel</b> 1:00 FREE Bingo!-CR 1:30 Party Bridge-NL <b>1:00 Chair Yoga w/Karen F-PR</b> <b>2-3:00 Happy Hour-MM</b> <b>3:00 LEARN TO BOWL!</b> <b>6:00 The Big Year-T10</b> 6:30 Euchre-BT</p>	<p><b>7</b> 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR 1:00 Arts &amp; Crafts!-CR 2:00 Lounge is open!-NL <b>6:00 The Four Seasons-T10</b></p>	<p><b>8</b> 10:00 Karen F.'s Exercise Class-CR 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Spa Hour-BT <b>1:00 Chair Yoga w/Karen F-PR</b> <b>2-3:00 Happy Hour-MM</b> <b>6:00 Parenthood-T10</b> <b>6:30 \$\$BINGO\$\$-PR</b></p>	<p><b>9</b> 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR <b>1:00 Bible Study-PR</b> <b>2-2:45 LIVE MUSIC! Dayton Opera Presents: "MUSICAL NUMBER"-PR</b> 2:00 Lounge is open!-NL <b>6:00 Marry Me-T10</b></p>	<p><b>10</b> 10:00 Karen F.'s Exercise Class-CR 10:30 Blank Slate-CR <b>1:00 Resident Council Meeting. This is for ALL RESIDENTS!-PR</b> <b>2-3:00 Happy Hour-MM</b> <b>6:00 Cafe' Society-T10</b></p> <p><b>Wear ORANGE!</b></p>	<p><b>11</b> 10:00 Lilly's Activity Choice-CR 3:00 Sarah's Activity Choice-CR <b>6:00 A Place in the Sun-T10</b> <b>Turn clocks FORWARD ONE HOUR prior to going to BED!</b></p>
<p><b>12 Daylight Savings Time</b> 10:00 Lilly's Activity Choice-CR <b>1:00 Sunday Worship-PR</b> <b>6:00 Coda-T10</b></p>	<p><b>13</b> 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL <b>12:30 Dollar Store Outing! Sign-up w/Lydia! (Limit 8)-FL</b> <b>12:30 Rosary-Chapel</b> 1:30 Party Bridge-NL <b>1:00 Chair Yoga w/Karen F-PR</b> <b>2-3:00 Happy Hour-MM</b> <b>3:00 LEARN TO BOWL!</b> <b>6:00 Our Town-T10</b> 6:30 Euchre-BT</p>	<p><b>14</b> 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR 1:00 Pop Up Activity!-CR 2:00 Lounge is open!-NL 3:00 Book Group-PR <b>3:00 Door to Door Activities!</b> <b>6:00 Look Both Ways-T10</b></p>	<p><b>15</b> 10:00 Karen F.'s Exercise Class-CR 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Spa Hour-BT <b>1:00 Chair Yoga w/Karen F-PR</b> <b>2-3:00 Happy Hour-MM</b> <b>3:00 Mass with Father Angelo-PR</b> <b>6:00 Daddy Day Care-T10</b> <b>6:30 \$\$BINGO\$\$-PR</b></p>	<p><b>16</b> 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR <b>1:00 Bible Study-PR</b> <b>2:00 Lula Belle Art Class-CR</b> <b>2:00 LIVE MUSIC! Bagpipe Player!-PR</b> 2:00 Lounge is open!-NL <b>6:00 Barefoot-T10</b></p>	<p><b>17 St. Patrick's Day</b> 10:00 Karen F.'s Exercise Class-CR 10:30 Blank Slate-CR <b>2:00 St. Anne's Cheese Event: Irish Whiskey &amp; Cheese!-PR</b> No Happy Hour Today! <b>6:00 Luck of the Irish-T10</b></p> <p><b>Wear GREEN!</b></p>	<p><b>18</b> 10:00 Michelle's Activity Choice-CR <b>2:00 LIVE ENTERTAINMENT! NUGENT SCHOOL OF IRISH DANCERS!-PR</b> <b>6:00 Saturday Night Fever-T10</b></p>
<p><b>19</b> 10:00 Michelle's Activity Choice-CR <b>1:00 Sunday Worship-PR</b> 3:00 Sarah's Activity Choice-CR <b>6:00 Murder Mystery-T10</b></p>	<p><b>20 Spring Begins</b> 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL <b>12:30 Rosary-Chapel</b> <b>1:30-2:00 LIVE MUSIC! UD Music Program!-PR</b> 1:30 Party Bridge-NL No Chair Yoga Today <b>2-3:00 Happy Hour-MM</b> <b>3:00 LEARN TO BOWL!</b> <b>6:00 Radioactive-T10</b> 6:30 Euchre-BT</p>	<p><b>21</b> 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR 1:00 Pop Up Activity!-CR 2:00 Lounge is open!-NL <b>3:00 Door to Door Activities!</b> <b>6:00 The Hustle-T10</b></p>	<p><b>22</b> No Morning Exercise Today! 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Spa Hour-BT <b>No Chair Yoga Today!</b> <b>2-3:00 Happy Hour-MM</b> <b>6:00 Grease-T10</b> <b>6:30 \$\$BINGO\$\$-PR</b></p>	<p><b>23</b> 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR <b>1:00 Bible Study-PR</b> <b>2:00 Vitas Memorial Service: "The Joy of Remembering"-PR</b> 2:00 Lounge is open!-NL <b>6:00 Ithaca-T10</b></p>	<p><b>24</b> No Morning Exercise Today! 10:30 Blank Slate-CR 1:00 FREE Bingo!-CR <b>No Happy Hour Today!</b> <b>6:30-8:00 LIVE MUSIC! Bill Corfield's Social-MM</b></p> <p><b>Wear Something SHINY!</b></p>	<p><b>25</b> 10:00 Lilly's Activity Choice-CR 3:00 Sarah's Activity Choice-CR <b>6:00 Charade-T10</b></p>
<p><b>26</b> 10:00 Michelle's Activity Choice-CR <b>NO Sunday Worship</b> <b>2-3:30 LIVE MUSIC! THE AVALONS!-PR</b></p>	<p><b>27</b> 10:30 Dictionary Word Game-CR 10:30 WALKING CLUB!-FL <b>12:30 Rosary-Chapel</b> <b>12:30 Goodwill Store Outing! Sign-up w/Lydia! (Limit 8)-FL</b> 1:30 Party Bridge-NL No Chair Yoga Today! <b>2-3:00 LIVE MUSIC! George performs at Happy Hour-MM</b> <b>6:00 Meet John Doe-T10</b> 6:30 Euchre-BT</p>	<p><b>28</b> 10:00 Word Games-CR 10:30 Exercise w/Queen City-CR <b>1:00 Arts &amp; Crafts w/Stella &amp; Birthday Party!-CR</b> 2:00 Lounge is open!-NL 3:00 Book Group-PR <b>3:00 Door to Door Activities!</b> <b>6:00 Wuthering Heights-T10</b></p>	<p><b>29</b> 10:00 Karen F.'s Exercise Class-CR 10:30 Alphabet Chain Game-CR 11:30 1851 Exercise 1:00 Spa Hour-BT <b>1:00 Chair Yoga w/Karen F-PR</b> <b>2-3:00 LIVE MUSIC! Ai Mahan performs at Happy Hour-MM</b> <b>6:00 If I Stay-T10</b> <b>6:30 \$\$BINGO\$\$-PR</b></p>	<p><b>30</b> 10:00 BIG Crossword-CR 10:30 Exercise w/Queen City-CR <b>1:00 Bible Study-PR</b> <b>2:00 STATIONS OF THE CROSS w/Deacon Dick-PR</b> 2:00 Lounge is open!-NL <b>6:00 Father's Little Dividend-T10</b></p>	<p><b>31</b> 10:00 Karen F.'s Exercise Class-CR 10:30 Blank Slate-CR <b>1:00 Matinee Showing: Resident's Choice-CR</b> <b>2-3:00 Happy Hour-MM</b> <b>6:00 Heaven Can Wait-T10</b></p> <p><b>Wear White!</b></p>	<p><b>General Store is open:</b> <b>Monday-Friday</b> <b>8:00am-10:00am (M,W,F)</b> <b>2:00pm-3:00pm</b></p>