

Assisted Living Activities November 2023



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Happy

Thanksgiving



1

10:00 Morning Meeting/Fitz's Exercise - CR
10:30 Read Aloud - CR
[1:00 AL Open Forum w/ Ice cream - CR](#)
1:00 Chair Yoga - PR
2:00 Happy Hour - MM
3:00 [Deacon Rusty's Communion Service - PR](#)
3:00 AIM Exercise - CR
6:00 [Resident's Choice Movie - T10](#)
6:30 \$ Bingo - PR

2

10:00 Morning Meeting/Finish The Saying - CR
10:30 Queen City Exercise - CR
[1:00 Bible Study w/Jack - PR](#)
1:00 Therapeutic Coloring - CR
3:00 Crossword Puzzles - PR
[6:00 Catch Me If You Can - T10](#)

3

9:45 Morning Meeting - CR
10:30 Fun Facts - CR
1:00 Thanksgiving Trivia - CR
2:00 Happy Hour - MM
3:00 AIM Exercise - CR
[6:00 Splash T-10](#)

[Wear Orange](#)

4

10:00 T.V. Exercise (1851)
1:00 Play Cards or Games - MM
[2:00 Live Music! Cello Students perform - PR](#)
3:00 Chit Chat / Group Walk (Outside weather permitting)
[6:00 Peter Pan and Wendy - T-10](#)

5

[1:00 Sunday Worship - PR](#)
[2:00 Bible Readings and Verses - CR](#)
3:00 Brain Games - CR
[6:00 Apollo Missions To The Moon - T-10](#)

6

10:00 Morning Meeting/ Read Aloud - CR
10:30 Queen City Walking Club - FL
[12:30 Rosary - Chapel](#)
1:00 Arts and Crafts - CR
2:00 Happy Hour - MM
3:00 Learn to Bowl!
[6:00 The Bears and I - T-10](#)

7

10:00 Morning Meeting/ Thanksgiving Traditions - CR
10:30 Queen City Exercise - CR
1:00 Nail Spa - CR
[2:00 GAME AFTERNOON!](#)
[Join! There is a drawing for a prize! Play a game! Therapeutic Coloring! Checkers? Scrabble?-PR](#)
3:00 Chit Chat and Coffee - CR
[6:00 Being The Queen - T-10](#)

8

10:00 Morning Meeting - CR
10:30 General Trivia - CR
11:30 T.V. Exercise Class (1851)
1:00 Nail Spa - CR
2:00 Happy Hour - MM
3:00 AIM Exercise - CR
[6:00 Resident's Choice Movie - T10](#)
6:30 \$ Bingo - PR

9

10:00 Morning Meeting/ Read Aloud - CR
10:30 Queen City Exercise - CR
[1:00 Bible Study w/ Jack - PR](#)
[2:00 Ronald McDonald House Speaker!-PR](#)
[Deborah to discuss the pull tab program & construction!](#)

10

10:00 Morning Meeting - CR
10:30 Stretching Class - CR
[2:00 Bob and Dan Perform Happy Hour - MM](#)
3:00 AIM Exercise - CR
[6:00 La La Land - T-10](#)
[Wear Red](#)

11

10:00 T.V. Exercise Class (1851)
1:00 Play Cards or Games - MM
2:00 Nail Spa - CR
3:00 Remembering Our Veterans - CR
[3:00 Deacon Rusty's catholic Communion Service-PR](#)
[6:00 Murder Mystery - T-10](#)

12

[1:00 Sunday Worship - PR](#)
[2:00 Bible Readings and Verses - CR](#)
3:00 Puzzles and Cards - CR
[6:00 The Imitation Game - T-10](#)

13

10:00 Morning Meeting/Did You Know? -CR
10:30 Queen City Walking Club - FL
[12:30 Rosary - Chapel](#)
[1:00 Vitas "Veterans Day Program"-PR](#)
2:00 Happy Hour - MM
3:00 Learn To Bowl!

14

10:00 Morning Meeting/Keep The Beat - CR
10:30 Queen City Exercise - CR
1:00 Hair Styling with Dora - CR
[2:00 Trace's Tech Program: "ALEXA" Workshop - PR](#)
[6:30-8:00 LIVE MUSIC: Happy Hour Trio! - PR](#)

15

10:00 Morning Meeting - CR
10:30 Read Aloud - CR
11:30 T.V. Exercise (1851)
2:00 Happy Hour - MM
[3:00 Catholic Mass - PR](#)
3:00 AIM Exercise - CR
[6:00 Residents Choice Movie - T-10](#)
6:30 \$ Bingo

16

10:00 Morning Meeting/Kick Ball - CR
10:30 Queen City Exercise - CR
[1:00 Bible Study w/ Jack - PR](#)
1:00 General Trivia - CR
3:00 Puzzles - CR
[6:00 Cat Ballou - T-10](#)

17

9:45 Fitz's Exercise - CR
10:30 Morning Meeting - CR
[1:00 Prayer Group - CR](#)
2:00 Happy Hour - MM
3:00 AIM Exercise - CR
[6:00 The Grapes of Wrath - T-10](#)

[Wear "Chocolate Brown"](#)

18

10:00 T.V. Exercise (1851)
1:00 Play Cards or Games - M
2:00 Nail Spa - CR
3:00 Group Walk Outside (Weather permitting -CR)
[6:00 BIG - T-10](#)

19

[1:00 Sunday Worship - PR](#)
[2:00 Bible Verses and Readings - CR](#)
3:00 Balloon Toss - CR
[6:00 Matilda - T-10](#)

20

10:00 Morning Meeting/ Alphabet Chain - CR
10:30 Walking Club - FL
[12:00 Communion and Rosary - Chapel](#)
12:30 Chair Yoga - PR
[1:30 Live Music UD Music Students Performs - PR](#)
1:00 Free Bingo and Debs Massage - CR
2:00 Happy Hour

21

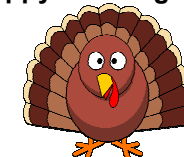
10:00 Morning Meeting/ States and Capitols - CR
10:30 Queen City Exercise - CR
1:00 Arts and Craft - CR
[2:00 Dayton Library Presents: What's Going on at the Downtown Library - PR](#)
3:00 Book Group - PR
[6:00 The Best Years of Our Lives - T-10](#)

22

10:00 Fitz's Exercise - CR
10:30 Morning Meeting/ Music and Movement - CR
11:30 T.V. Exercise Class - (1851)
1:00 Chair Yoga - PR
2:00 Happy Hour - MM
[6:00 Residents Choice T-10](#)
6:30 \$Bingo - PR

23

Happy Thanksgiving!



12:00 Thanksgiving Day Craft

24

10:30 Morning Meeting - CR
1:00 Remember When - CR
3:00 Black Friday Memories - CR
[6:00 Runaway Bride T-10](#)
[Wear Black](#)

25

10:00 T.V. Exercise (1851)
1:00 Play Cards or Games - MM
2:00 Nail Spa - CR
1:00 Brain Games - CR
[6:00 New In Town - T-10](#)

26

[1:00 Sunday Worship - PR](#)
[2:00 Bible Verses and Readings - CR](#)
3:00 Puzzles and Cards - CR
[6:00 Monty Python and the Holy Grail - T-10](#)

27

10:00 Morning Meeting - CR
10:30 Walking Club - FL
[12:30 Communion and Rosary - Chapel](#)
1:00 Chair Yoga - PR
2:00 Happy Hour - MM
3:00 Learn To Bowl!
[6:00 Arsenic and Old Lace - T10](#)

28

10:00 Morning Meeting - CR
10:30 Queen City Exercise - CR
1:00 Balloon Toss/ Kick Ball - CR
[2:00 Ricki Huff Presents: Some Highlights from the History of American Food - PR](#)
3:00 Book Group - PR

29

10:00 Fitz's Exercise - CR
10:30 Morning Meeting - CR
11:30 TV Exercise Class (1851)
1:00 Chair Yoga - PR
2:00 Happy Hour - MM
3:00 AIM Exercise - CR
[6:00 Resident's Choice - T-10](#)
6:30 \$Bingo - PR

30

10:00 Morning Meeting - CR
10:30 Queen City Exercise - CR
[1:00 Bible Study w/Jack - PR](#)
1:00 Free Bingo - CR
[6:00 Charlotte's Web - T-10](#)

