



Independent Living Activities

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 All Saints Day 10:30 Balance w/Queen City-PR 11:00 What's up in the NEWS-MM 11:30 TV Exercise Class (1851) 1:00 Chair Yoga-PR 2:00 Happy Hour-MM Holy Day Service: 3:00 Deacon Rusty's Catholic Communion Service-PR 6:30 \$ BINGO!-PR	2 9-10:30a Acute Hearing is here 10:30 Janet's Exercise-PR 11:00 Aldi Shopping 11:15 Trivia-NL 1:00 Bible Study w/Jack-PR 2:30 Wii Bowling Tourney 6:30 LIVE MUSIC! MARY performs on Accordion~-PR	3 10:30 Council Board Meeting-PR 11:00 Trivia-NL 12:15 Tour Hawthorne Hill! "Wright Brother's Home" (\$16.00/each) 2:00 Happy Hour-MM 6:15 Passengers Wear Orange!	4 10:00 TV Exercise Class (1851) 1:00 Play cards or games!-MM 1:00 Resident Run: Wii Tournament 2:00 LIVE MUSIC! Cello Performance! 10 students!-PR Before Heading to Bed: SET CLOCKS BACK ONE HOUR
5 Daylight Savings 9:30 Depart for MASS 1:00 Sunday Worship-PR 9:50 Depart for Fairhaven Traditional Service 6:15 Second Hand Lions	6 10:30 Queen City Walking Club!-FL 11:15 Support Group Gathering-NL 12:30 Rosary-chapel NO CHAIR YOGA 2:00 Happy Hour-MM 3:00 Learn to Bowl! 6:15 Footloose 6:30 Euchre-BT	7 Election Day 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:15 Trivia-NL 12:00 Kroger Shopping 2:00 GAME AFTERNOON! Join! There is a drawing for a prize! Play a game! Therapeutic Coloring! Checkers? Scrabble?-PR 2:00 Depart to VOTE! 6:15 Under the Tuscan Sun (A)	8 10:30 Balance w/Queen City-PR 11:00 What's up in the NEWS-MM 11:30 TV Exercise Class (1851) NO CHAIR YOGA 1:00 Presentation: Cedric Howard w/Oak Street Health presents: "What can we do for you?"-PR 2:00 Happy Hour-MM 6:30 \$ BINGO!-PR	9 10:30 Janet's Exercise-PR 10:45 The Greene 11:15 Trivia-NL 1:00 Bible Study w/Jack-PR 2:00 Ronald McDonald House Speaker!-PR Deborah to discuss the pull tab program & on-going construction! 6:15 The Post (A)	10 11:00 Trivia-NL 1:00 Resident Council Meeting: ALL RESIDENTS WELCOME!-PR 2:00 Happy Hour-MM 2:00 LIVE MUSIC! BOB & DAN perform for HAPPY HOUR-MM 6:15 How Green was my Valley (A) Wear Red!	11 Veterans Day 10:00 TV Exercise Class (1851) 11:15 Town/Country Shopping! 1:00 Play cards or games!-MM 1:00 Resident Run: Wii Tournament 3:00 Deacon Rusty's Catholic Communion Service-PR 6:15 Goodbye Mr. Chips
12 9:30 Depart for MASS 1:00 Sunday Worship-PR 6:15 Breakfast at Tiffany's (A)	13 10:30 Queen City Walking Club!-FL 11:15 Support Group Gathering-NL 12:30 Rosary-chapel 1:00 VITAS SPONSORED: VETERANS PROGRAM-PR NO CHAIR YOGA 2:00 Happy Hour-MM 3:00 Learn to Bowl! 6:15 A Beautiful Life 6:30 Euchre-BT	14 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:15 Trivia-NL 12:00 Kroger Shopping TWO GUEST SPEAKERS TODAY!!!!!! 2:00 Trace's Tech Program: "ALEXA" workshop-PR 3:00 Kevin Lowden Presents: "Is Your Medicare Plan Right for you 2024" 6:30-8:00 LIVE MUSIC! Happy Hour Trio!-PR	15 10:30 Balance w/Queen City-PR 11:00 What's up in the NEWS-MM 11:30 Meijer Shopping 11:30 TV Exercise Class (1851) 1:00 Wii Tourney 2:00 Happy Hour-MM 3:00 Catholic Mass-PR 6:30 \$ BINGO!-PR	16 10:30 Janet's Exercise-PR 11:00 Dewey's lunch out 11:15 Trivia-NL 1:00 Bible Study w/Jack-PR 2:00 AMY'S ART CLASS!-PR "Making Christmas Cards!" 6:15 Cheaper by the Dozen (1950-A)	17 10:30 LINE DANCING w/Fitz!-PR 11:00 LAUREN'S TRIVIA-NL 2:00 Happy Hour-MM 6:15 Joe (A) Wear "Chocolate Brown!" EAT CHOCOLATE TODAY!!	18 10:00 TV Exercise Class (1851) 1:00 Play cards or games!-MM 1:00 Resident Run: Wii Tournament 6:15 Sophie's Choice (A)
19 9:30 Depart for MASS 1:00 Sunday Worship-PR 6:15 Big Fat Greek Wedding 2023 (A)	20 10:30 Queen City Walking Club!-FL 11:15 Support Group Gathering-NL NOTE THE TIMES BELOW: 12:00 COMMUNION/ROSARY-chapel 12:30 Chair Yoga-PR 1:30 LIVE MUSIC: UD Music Students Perform!-PR 2:00 Happy Hour-MM 2:00-3:30 Deb's Massages 3:00 Learn to Bowl! 6:15 Dear John (A) 6:30 Euchre-BT	21 OPEN FORUM DAY 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:15 Trivia-NL 12:00 Kroger Shopping 1:00 Ice Cream & OPEN FORUM-PR 2:00 Dayton Library Presents: "What's going on at the Downtown Library?"-PR 3:00 Book Group w/Karen Fitz-PR 6:15 There's No Business like Show Business (A)	22 9:30 Hollywood Gaming 10:30 Balance w/Queen City-PR 11:00 December Calendar Meeting-PR NO NEWS PROGRAM 11:30 TV Exercise Class (1851) 1:00 Chair Yoga-PR 2:00-4:00 BLING UP YOUR "RIDE" w/Trace, our painter here at 10WP! Walkers/scooters 2:00 Happy Hour-MM 6:30 \$ BINGO!-PR	23 Thanksgiving Day  Brunch Today****No Evening Meal	24 Black Friday 11:00 LAUREN'S TRIVIA-NL 2:00 Happy Hour-MM 6:15 White Christmas Wear Black! SHOP!	25 10:00 TV Exercise Class (1851) 11:15 Austin Landing Shopping! 1:00 Play cards or games!-MM 1:00 Resident Run: Wii Tournament 6:15 A Christmas Wish (1950) A
26 9:30 Depart for MASS 1:00 Sunday Worship-PR 6:15 Miracle on 34th Street	27 10:30 Queen City Walking Club!-FL 11:15 FITZ'S Support Group Gathering-NL 12:30 COMMUNION/ROSARY-chapel 1:00 Chair Yoga-PR 2:00 Happy Hour-MM 3:00 Learn to Bowl! 6:15 It's a Wonderful LIFE! 6:30 Euchre-BT	28 9:00 Kroger Shopping 10:30 Janet's Exercise-PR 11:00 LAUREN'S TRIVIA-NL 12:00 Kroger Shopping 2:00 Ricki Huff Presents: Some Highlights from the "History of American Food"-PR 3:00 Book Group w/Karen Fitz-PR 6:15 The Bishop's Wife (1948 A)	29 10:30 Balance w/Queen City-PR 10:00 Depart to Fairfield Mall NO NEWS PROGRAM 11:30 TV Exercise Class (1851) 1:00 Chair Yoga-PR 2:00 Happy Hour-MM 6:30 \$ BINGO!-PR	30 10:30 Janet's Exercise-PR 11:00 Red Robin lunch out 11:15 LAUREN'S TRIVIA-NL 1:00 Bible Study w/Jack-PR 2:00 American Graffiti (1958) A 6:15 The King's Speech (A)	