







Assisted Living Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		GROUND FLOOR ROOMS: PR–Patterson Room WL– Wilmington Lanes MM– Mini Mall (salon / mail room / café) FC– Fitness Center C10– Cinema 10 NL– Newcom Lounge MT– Massage Therapy Wellness Center (Queen City) General Store Chapel	1st Floor: CR - Carillon Room AL Activities Office WL - Wright Library FL - Front Lobby 2nd Floor: BT - Belmont Terrace T10 - Theater 10 MDR - Meadows Dining Room Outdoors: AT - Amphitheater/Patio GZ - Gazebo P-Patio		1 10:00 Morning Meeting/Brain Games 1:00 Read Along 2:00 Happy Hour - MM 3:00 Chit-Chat and Get to Know you Game - CR 6:00 The Age of Adaline WEAR RED WHITE AND BLUE	2 10:00 TV Exercise Class (1851) 1:00 Play Cards or Games! -MM or Patio 3:00 Nail Spa - CR 6:00 Liar Liar 
3 9:00-11:00 One On One Visits with Michelle 1:00 Sunday Worship-PR 1:00 Sleepless In Seattle	4  10:00 Holiday Craft with Lilly 1:15 The Last Letter From Your Lover	5 10:00 Morning Meeting and Brain Games –CR 10:30 Queen City Exercise – CR 1:00 Hair Styling with Haley – CR 3:00 - Puzzles - CR	6 9:30/10 Morning Meeting/Fitz's Exercise - CR 11:30 TV Exercise Class (1851) 1:00 Open Forum w/ Ice Cream - CR 2:00 Happy Hour w/ Music - MM 6:00 - A League of their own.	7 9:30/10 Morning meeting and General Trivia CR 10:30 Queen City Exercise - CR 1:00 Jack's Bible Study - PR 2:00 Art with Lilly - CR 6:30 7:30 - Jazz, Boogey and Blues, Leah's Piano students preform - PR	8 9:30/10:00 Morning Meeting/ Brain Games 10:30 Rember When Stories - CR 1:00 Free Bingo - CR 3:00 Read Along - CR 6:00 Rescued By Ruby	9 10:00 TV Exercise Class (1851) 2:00 Therapeutic Coloring and Music - CR 3:00 Deacon Rusty's Catholic service 6:00 Ground Hog Day
10 1:00 - Sunday Worship - PR 3:00 Bible Verses And Readings - CR 6:00 Audrey	11 9:30/10 Morning Meeting/ 9/11 Remembrance - CR 10:30 Queen City Walking Club - FL 12:30 Rosary –Chapel 12:30 Chair Yoga - PR 1:30 UD Music Students - PR 3:00 Remembering 9/11 with Father Seraphine - PR 2:00 Happy Hour - MM 3:00 Learn to Bowl	12 9:30/10 Morning Meeting and Name that tune - CR 10:30 Queen City Exercise - CR 1:00 - Read Along - CR 3:00 Presidential Trivia - CR 6:30-8 The Thunder Birds - AT No Movies Tonight	13 9:30/10 Morning Meeting and Chair Zumba w/ Haley - CR 1:00 Chair Yoga - PR 2:00 Happy Hour - MM 3:00 Puzzles and Games - CR 6:00 Swiss Family Robinson 6:30 \$ Bingo - PR	14 10:00 Morning Meeting and Finish that saying - CR 1:00 Jack's Bible Study 1:30 Free Bingo - CR 3:00 Read Along and Nail spa - CR 6:00 Remember The Titans	15 10:00 Morning Meeting and Trivia - CR 10:30 Queen City Exercise - CR 1:00 Jack's Bible Study 2:00 Art Craft 6:00 Amy	16 10:00 TV Exercise Class 1:00 Jokes and Jeopardy 2:00 Chit-chat on the terrace - BT 3:00 Board Games and Cards - CR 6:00 Bedtime Stories
17 1:00 Sunday Worship - PR 3:00 Alphabet Chain Game 6:00 Cheaper By The Dozen	18 9:30/10:00 Morning Meeting and State Trivia - CR 10:30 Queen City Walking Club- FL 11:15 Hope-Cope-Connect - NL 12:30 Rosary - Chapel 1:00 Massages By Deb/ Bingo-CR	19 10:00 Morning Meeting and Fun Facts - CR 10:30 Queen City Exercise - CR PIZZA LUNCH 1:00 Cake - CR 2:00 Ricki Huff's Educational Program: "Women Of The West" - PR 3:00 The Name Game - CR 6:00 Flubber	20 10:00 Fitz's Exercise - CR 10:30 Name That Person Game - CR 11:30 TV Exercise Class (1851) 1:00 Chair Yoga - PR 3:00 Catholic Mass - PR 2:00 Happy Hour - MM 3:00 Board Games - CR 6:00 The Ghost of Buxley Hall	21 10:00 Morning Meeting and Remember When - CR 10:30 Queen City Exercise - CR 1:00 Jack's Bible Study - PR 3:00 Chit Chat on the Patio - P 6:00 The Happiest Millionaire	22 10:00 Morning Meeting and Read Aloud 10:30 Chair Zumba w/Haley 2:00 Happy Hour - MM 6:00 The Kid WEAR MIX MATCH	23 10:00 TV Exercise Class (1851) 1:00 Play Cards or Games - MM or Patio 6:00 Into The Woods
24 1:00 Sunday Worship - PR 3:00 Bible Verses and Reading - CR 6:00 The Greatest Game Ever Played	25 10:00 Morning Meeting and Trivia 10:30 Queen City Walking Club - FL 11:15 Hope-Cope-Connect - NL 12:30 Rosary - Chapel 1:00 Chair Yoga - PR 2:00 Happy Hour - MM 3:00 Learn to Bowl 6:00 Bed Knobs and Broomsticks 	26 10:00 Morning Meeting and Alphabet Chain 10:30 Queen City Exercise - CR 1:00 AL October Calendar Meeting - CR 2:00 Trace Curry Presents: "YouTube and Internet Videos" - PR 6:00 - America's Heart and Soul	27 10:00 Fitz's Exercise - CR 10:30 Name That Tune 11:30 TV Exercise class (1851) 1:00 Chair Yoga - PR 2:00 Happy Hour Outside w/ GOLDIE PERFORMING! - AT 6:00 Narnia 6:30 \$ Bingo - PR	28 10:00 Morning Meeting and Queen City Exercise - CR NO Bible Study 1:00 Art Crafts - CR 6:00 The Game Plan	29 10:00 Morning Meeting and Finish That Saying - CR 1:00 Read Aloud - CR 3:00 Fall Color Hunt on Patio 6:00 Hacksaw WEAR A HAT 	30 10:00 Nail spa and TV Exercise Class (1851) 1:00 Free Bingo - CR 1:00 Play Cards or Games - MM or Patio NO MOVIES TONIGHT