Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Josephine Memory Care Center	9:30 Greet the Day 10:30 Walking Club 11:30 Topic Talk 1:00 BINGO! 2:30 Let's Exercise! 3:30 Massage with Deb 4:30 Finish the Expression 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Nature Notes 1:00 Colors of the Season 2:30 Down Memory Lane 4:30 Would you rather? 6:00 Coloring Fun	9:30 Greet the Day 10:30 Creativity Corner 11:30 Sing along with Suzy Q 1:00 Travel Time 2:30 Movin' to the Music 4:30 Finish the Expression 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Morning Movement 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Cookie Decorating 4:30 Reflect and Reminisce 6:00 Parachute Fun	9:30 Greet the Day 10:30 Noodle Ball 11:30 Golden Memories 1:00 Music w/ Michelle 2:30 Manicure and a Movie 4:30 Craft and Color 6:00 Kick the Ball	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies
7 10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5	9:30 Greet the Day 10:30 Sensory Art 11:30 Trivia Time 1:00 Did you know? 2:30 Fitness Fun 4:30 Helping Hands 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Finish the Expression 1:00 Holiday Sing Along 2:30 Art Works 4:30 Through the Years 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Wild Wonders 11:30 Sing Along with Mary Sue 1:00 Topic Talk 2:30 Gentle Stretching 4:30 This or That? 6:00 Coloring Fun	9:30 Greet the Day 10:30 Walking Club 11:30 Snowflake Art 1:00 Winter Wonders 2:30 Let's Exercise! 4:30 Holiday Expressions 6:00 Kick the Ball	9:30 Greet the Day 10:30 Movin' to the Music 11:30 Cultural Connections 1:00 Holiday Baking 2:30 Manicure and a Movie 4:30 Twelve Days of Christmas 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies
14 10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia Hanukkah Begins	9:30 Greet the Day 10:30 Craft and Sort 11:30 Holiday Sing Along 1:00 Favorite Christmas Books 2:30 Noodle Ball 3:30 Massage with Deb 4:30 Holiday Expressions 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Trivia Time 1:00 Historic Happenings 2:30 Birthday Party! 4:30 Helping Hands 6:00 Parachute Fun	9:30 Greet the Day 10:30 Creativity Corner 11:30 Fascinating Facts 1:00 BINGO! 2:30 Fitness Fun 4:30 Brain Games 6:00 Family Holiday Party	9:30 Greet the Day 10:30 Morning Movement 11:30 Nutcracker Trivia 1:00 Holiday Baking 2:30 Manicure and a Movie 4:30 Then and Now 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Let's Exercise! 11:30 Holiday Traditions Talk 1:00 Music w/ Michelle 2:30 Memory Match 4:30 Trivia Time 6:00 Coloring Fun	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5	9:30 Greet the Day 10:30 Art Works 11:30 Fascinating Facts 1:00 Hearts Remember 2:30 Let's Exercise! 4:30 Helping Hands 6:00 Movement Monday	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Favorite Holiday Poems 1:00 Family Traditions 2:30 Sensory Art 4:30 This or That? 6:00 Kick the Ball	9:30 Greet the Day 10:30 Sensory Art 11:30 Reindeer Games 1:00 Reflect and Reminisce 2:30 Movin' to the Music 4:30 Sounds of the Season 6:00 Kick the Ball Christmas Eve	9:30 Greet the Day 10:30 Fitness Fun 11:30 Christmas Carols 1:00 Christmas Movie 2:30 Holiday Stories 4:30 Holly Jolly Trivia 6:00 Coloring Fun	9:30 Greet the Day 10:30 Gentle Stretching 11:30 Word Games 1:00 Snack and Chat 2:30 BINGO! 4:30 Would you Rather? 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia	9:30 Greet the Day 10:30 Walking Club 11:30 Fascinating Facts 1:00 Let's Exercise! 2:30 Helping Hands 4:30 Hearts Remember 6:00 Movement Monday	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Word Games 1:00 Then and Now 2:30 Craft and Sort 4:30 This or That? 6:00 Kick the Ball	9:30 Greet the Day 10:30 Noodle Ball 11:30 Sing along with Suzy Q 1:00 Creativity Corner 2:30 Toast to the New Year 4:30 Travel Time 6:00 Beach Ball Toss	Dece	ember	2025