

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Trivia Fun 1:00 Armchair Travel 2:00 Fascinating Facts 3:00 Snack & Chat 4:00 Let's Make Music! 6:00 Coloring Fun Canada Day	9:30 Greet the Day 10:30 Noodle Ball 11:30 This or That? 1:00 Sing Along 2:00 Exercise with AIM 3:00 Happy Hour 3:30 Massage with Deb 4:00 Down Memory Lane 6:00 Kick the Ball	9:30 Greet the Day 10:30 Movin' to the Music 11:30 Art Works 1:00 Manicure and A Movie 3:00 Snack & Chat 4:00 Finish the Phrase 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Beach Ball Toss 11:30 Find the Flags Walk 1:00 Patriotic Sing Along 2:00 Art Works 3:00 Snack Time 4:00 Fun and Games 6:00 Rhythm Band Independence Day (U.S.)	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Bingo 3:00 Snack & Chat 4:00 Alphabet Game 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:00 Snack Time 4:00 Name 5	9:30 Greet the Day 10:30 Let's Exercise! 11:30 Reminiscing 1:00 Walking Club 2:00 Trivia Time 3:00 Snack & Chat 4:00 Armchair Travel 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Would You Rather 1:00 Retro Commercials 2:00 Word Games 3:00 Snack Time 4:00 Musical Movements 6:00 Coloring Fun	9:30 Greet the Day 10:30 Noodle Ball 11:30 Armchair Travel 1:30 This or That? 2:00 Exercise with AIM 3:00 Snack Time 3:30 Massage with Deb 4:00 Down Memory Lane 6:00 Kick the Ball	9:30 Greet the Day 10:30 Movin' to the Music 11:30 Art Works 1:00 Manicure and A Movie 3:00 Snack & Chat 4:00 Rhyme Time 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Morning Movement 11:30 Fascinating Facts 1:00 Music w/ Michelle 2:00 Cooking Club 3:00 Snack Time 4:00 Stories from the Heart 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Bingo 3:00 Snack & Chat 4:00 Alphabet Game 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:00 Snack Time 4:00 Name 5	9:30 Greet the Day 10:30 Let's Exercise! 11:30 Fascinating Facts 1:00 Walking Club 2:00 Fun and Games 3:00 Snack Time 4:00 Movement Monday 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Would You Rather 1:00 Let's Make Music 2:30 Birthday Party! 4:00 Helpful Hands 6:00 Coloring Fun	9:30 Greet the Day 10:30 Noodle Ball 11:30 Trivia Time 1:00 Sing Along 2:00 Exercise with AIM 3:00 Happy Hour 4:00 Down Memory Lane 6:00 Kick the Ball	9:30 Greet the Day 10:30 Movin' to the Music 11:30 Finish the Phrase 1:00 Manicure and A Movie 3:00 Snack & Chat 4:00 Fun and Games 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Beach Ball Toss 11:30 Armchair Travel 1:00 Fascinating Facts 2:00 Musical Memories 3:00 Snack Time 4:00 This or That 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Bingo 3:00 Snack & Chat 4:00 Alphabet Game 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:00 Snack Time 4:00 Name 5	9:30 Greet the Day 10:30 Let's Exercise! 11:30 Word Games 1:00 Walking Club 2:00 Armchair Travel 3:00 Snack Time 4:00 Music Fun 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Would you Rather 1:00 Reminiscing 2:00 Word Games 3:00 Snack & Chat 4:00 Let's Make Music! 6:00 Coloring Fun	9:30 Greet the Day 10:30 Noodle Ball 11:30 Music Fun 1:00 Creative Craft 2:00 Exercise with AIM 3:00 Snack Time 4:00 Down Memory Lane 6:00 Kick the Ball	9:30 Greet the Day 10:30 Movin' to the Music 11:30 Armchair Travel 1:00 Manicure and A Movie 3:00 Snack & Chat 4:00 Finish the Phrase 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Morning Movement 11:30 Reminiscing 1:00 This or That 2:00 Art Works 3:00 Snack Time 4:00 Fascinating Facts 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Bingo 3:00 Snack & Chat 4:00 Alphabet Game 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:00 Snack Time 4:00 Name 5	9:30 Greet the Day 10:30 Let's Exercise! 11:30 Reminiscing 1:00 Walking Club 2:00 Word Games 3:00 Snack Time 4:00 Music Fun 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Would You Rather 1:00 Glamour Nails and A Movie 3:00 Snack & Chat 4:00 Let's Make Music! 6:00 Coloring Fun	9:30 Greet the Day 10:30 Movin' to the Music 11:30 Trivia Fun 1:00 Sing Along 2:00 Creative Crafts 3:00 Snack Time 4:00 Down Memory Lane 6:00 Kick the Ball	9:30 Greet the Day 10:30 Noodle Ball 11:30 Would You Rather? 1:00 Armchair Travels 2:00 Bingo 3:00 Snack & Chat 4:00 Finish the Phrase 6:00 Beach Ball Toss		