Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Octobe	er 2025	9:30 Greet the Day 10:30 Fun and Games 11:30 Topic Talk 1:00 Then and Now 2:30 Movin' to the Music 4:30 This or That? 6:00 Coloring Fun	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Finish the Expression 1:00 Armchair Travel 2:30 Creativity Corner 4:30 Trivia Time 6:00 Beach Ball	9:30 Greet the Day 10:30 Gentle Stretching 11:30 Through the Years 1:00 Music w/ Michelle 2:30 Manicure and a Movie 4:30 Fascinating Facts 6:00 Kick the Ball	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Bingo 3:30 Alphabet Games 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5	9:30 Greet the Day 10:30 Walking Club 11:30 Word Games 1:00 Nature Notes 2:30 Let's Exercise! 4:00 Craft and Color 6:00 Rhythm Band	9:30 Greet the Day 10:30 Morning Movement 11:30 Have you ever 1:00 Travel Talk 2:30 Bingo! 4:30 Reflect and Reminisce 6:00 Coloring Fun	9:30 Greet the Day 10:30 Art Works 11:30 Sing Along with Mary Sue 1:00 Curious Creatures 2:30 Gentle Stretching 3:30 Massage with Deb 4:30 Topic Talk 6:00 Coloring Fun	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Rhyme Time 1:00 Manicure and a Movie 2:30 Helping Hands 4:00 Bingo 6:00 Kick the Ball	9:30 Greet the Day 10:30 Noodle Ball 11:30 Cultural Connections 1:00 Trivial Expressions 2:30 Cupcake Decorating 4:30 Brain Games 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Bingo 3:30 Alphabet Games 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5	9:30 Greet the Day 10:30 Sensory Art 11:30 Sing along with Suzy Q 1:00 Travel Time 2:30 Fitness Fun 4:30 Reflect and Reminisce 6:00 Movement Monday Columbus Day (U.S.) Indigenous Peoples' Day (U.S.)	9:30 Greet the Day 10:30 Gentle Stretching 11:30 Finish the Expression 1:00 Stories from the Heart 2:30 Pizza Party 4:30 Did you know? 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Walking Club 11:30 Word Games 1:00 Color Connection 2:30 Noodle Ball 4:30 Would you Rather? 6:00 Kick the Ball	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Fascinating Facts 1:00 Manicure and a Movie 2:30 Cooking Club 4:30 Then and Now 6:00 Beach Ball Toss	9:30 Greet the Day 10:30 Let's Exercise! 11:30 Sing Along with Suzy Q 1:00 Music w/ Michelle 2:30 Craft and Color 4:30 Topic Talk 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 1:00 Down Memory Lane 2:00 Bingo 3:30 Alphabet Games 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5	9:30 Greet the Day 10:30 Craft and Sort 11:30 Miniature Monday 1:00 Monster Match 2:30 Musical Movement 4:30 Finish the Phrase 6:00 Rhythm Band	9:30 Greet the Day 10:30 Noodle Ball 11:30 Nature Notes 1:00 History Highlights 2:30 Birthday Party! 4:30 Word Games 6:00 Parachute Fun	9:30 Greet the Day 10:30 Art Works 11:30 Sing Along with Mary Sue 1:00 Guess What 2:30 Let's get Moving! 4:30 Trivia Time 6:00 Kick the Ball	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Finish the Phrase 1:00 Musical Movement 2:30 Cooking Club 4:00 Tastes and Traditions 6:00 Family Fall Festival	9:30 Greet the Day 10:30 Gentle Stretching 11:30 Picture This 1:00 Manicure and a Movie 2:30 Historic Happenings 4:30 This or That 6:00 Rhythm Band	9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Bingo 3:30 Alphabet Games 6:00 Saturday at the Movies
10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5	9:30 Greet the Day 10:30 Creativity Corner 11:30 Trivia Time 1:00 Travel Talk 2:30 Fitness Fun 3:30 Massage with Deb 4:30 Fascinating Facts 6:00 Movement Monday	9:30 Greet the Day 10:30 Gentle Stretching 11:30 Sing Along with Mary Sue 1:00 Hearts Remember 2:30 This or That? 4:30 Cultural Connections 6:00 Coloring Fun	9:30 Greet the Day 10:30 Fun and Games 11:30 Word Games 1:00 Curious Creatures 2:30 Movin' to the Music 4:30 Would you Rather? 6:00 Parachute Fun	9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Trivia Time 1:00 Manicure and a Movie 2:30 Craft and Color 4:30 Nature Notes 6:00 Beach Ball	9:30 Greet the Day 10:30 Noodle Ball 11:30 Finish the Phrase 1:00 Through the Years 2:30 Halloween Party 4:30 Did you know? 6:00 Kick the Ball Halloween	Josephine Memory Care Unit