

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <h2>The Josephine Memory Care Center</h2>				<div>1</div> <div> 9:30 Greet the Day 10:30 Morning Movement 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Cooking Club 4:30 Reflect and Reminisce 6:00 Parachute Fun </div> <div>New Year's Day </div>	<div>2</div> <div> 9:30 Greet the Day 10:30 Noodle Ball 11:30 Golden Memories 1:00 Music w/ Michelle 2:30 Manicure and a Movie 3:30 Massage with Deb 4:30 Craft and Color 6:00 Kick the Ball </div> <div></div>	<div>3</div> <div> 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies </div>
<div>4</div> <div> 10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5 </div>	<div>5</div> <div> 9:30 Greet the Day 10:30 Walking Club 11:30 Topic Talk 1:00 BINGO! 2:30 Let's Exercise! 3:30 Massage with Deb 4:30 Finish the Expression 6:00 Rhythm Band </div>	<div>6</div> <div> 9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Nature Notes 1:00 Down Memory Lane 2:30 Movin' to the Music 4:30 Would you rather? 6:00 Coloring Fun </div> <div></div>	<div>7</div> <div> 9:30 Greet the Day 10:30 Creativity Corner 11:30 Sing along with Suzy Q 1:00 Travel Time 2:30 Gentle Stretching 4:30 Finish the Expression 6:00 Beach Ball Toss </div>	<div>8</div> <div> 9:30 Greet the Day 10:30 Walking Club 11:30 This or That? 1:00 Winter Wonders 2:30 Let's Exercise! 4:30 Helping Hands 6:00 Kick the Ball </div>	<div>9</div> <div> 9:30 Greet the Day 10:30 Morning Movement 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Cooking Club 4:30 Reflect and Reminisce 6:00 Parachute Fun </div>	<div>10</div> <div> 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies </div> <div></div>
<div>11</div> <div> 10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia </div> <div></div>	<div>12</div> <div> 9:30 Greet the Day 10:30 Sensory Art 11:30 Trivia Time 1:00 Did you know? 2:30 Fitness Fun 4:30 Helping Hands 6:00 Rhythm Band </div>	<div>13</div> <div> 9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Finish the Expression 1:00 Sing Along with Mary Sue 2:30 Art Works 4:30 Through the Years 6:00 Beach Ball Toss </div>	<div>14</div> <div> 9:30 Greet the Day 10:30 Wild Wonders 11:30 Sing Along with Suzy Q 1:00 Topic Talk 2:30 Gentle Stretching 4:30 This or That? 6:00 Beach Ball Toss </div> <div></div>	<div>15</div> <div> 9:30 Greet the Day 10:30 Morning Movement 11:30 Helping Hands 1:00 Baking Buddies 2:30 Manicure and a Movie 4:30 Then and Now 6:00 Kick the Ball </div>	<div>16</div> <div> 9:30 Greet the Day 10:30 Let's Exercise! 11:30 Trivia Time 1:00 Music w/ Michelle 2:30 Memory Match 4:30 Craft and Color 6:00 Parachute Fun </div> <div></div>	<div>17</div> <div> 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies </div>
<div>18</div> <div> 10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5 </div>	<div>19</div> <div> 9:30 Greet the Day 10:30 Craft and Sort 11:30 Historic Happenings 1:00 Topic Talk 2:30 Noodle Ball 4:30 Helping Hands 6:00 Rhythm Band </div> <div></div> <div>Martin Luther King Jr. Day</div>	<div>20</div> <div> 9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Trivia Time 1:00 Historic Happenings 2:30 Birthday Party! 4:30 Helping Hands 6:00 Parachute Fun </div> <div></div>	<div>21</div> <div> 9:30 Greet the Day 10:30 Creativity Corner 11:30 Fascinating Facts 1:00 BINGO! 2:30 Fitness Fun 4:30 Brain Games 6:00 Coloring Fun </div>	<div>22</div> <div> 9:30 Greet the Day 10:30 Fitness Fun 11:30 Topic Talk 1:00 Sing Along with Mary Sue 2:30 Helping Hands 4:30 Trivia Time 6:00 Coloring Fun </div>	<div>23</div> <div> 9:30 Greet the Day 10:30 Gentle Stretching 11:30 Word Games 1:00 Snack and Chat 2:30 BINGO! 4:30 Would you Rather? 6:00 Rhythm Band </div>	<div>24</div> <div> 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies </div> <div></div>
<div>25</div> <div> 10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia </div> <div></div>	<div>26</div> <div> 9:30 Greet the Day 10:30 Art Works 11:30 Fascinating Facts 1:00 Hearts Remember 2:30 Let's Exercise! 4:30 Helping Hands 6:00 Movement Monday </div>	<div>27</div> <div> 9:30 Greet the Day 10:30 Sittercise w/ Queen City 11:30 Favorite Holiday Poems 1:00 Family Traditions 2:30 Sensory Art 4:30 This or That? 6:00 Kick the Ball </div>	<div>28</div> <div> 9:30 Greet the Day 10:30 Sensory Art 11:30 Word Games 1:00 Reflect and Reminisce 2:30 Movin' to the Music 4:30 BINGO! 6:00 Kick the Ball </div> <div></div>	<div>29</div> <div> 9:30 Greet the Day 10:30 Morning Movement 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Cooking Club 4:30 Reflect and Reminisce 6:00 Parachute Fun </div>	<div>30</div> <div> 9:30 Greet the Day 10:30 Morning Movement 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Cooking Club 4:30 Reflect and Reminisce 6:00 Parachute Fun </div>	<div>31</div> <div> 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies </div>