

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5</p>	<p>2</p> <p>9:30 Greet the Day 10:30 Chair Yoga 11:30 Topic Talk 1:00 BINGO! 2:30 Spin &amp; Solve 4:00 <b>Massage with Deb</b> 4:00 Finish the Expression 6:00 Rhythm Band</p> <p>Purim Begins</p>	<p>3</p> <p>9:30 Greet the Day 10:30 <b>Sittercise w/PurposeCare</b> 11:30 Nature Notes 1:00 Down Memory Lane 2:30 Movin' to the Music 4:30 Would you rather? 6:00 Coloring Fun</p>	<p>4</p> <p>9:30 Greet the Day 10:30 Tai Chi 11:30 Sing along with Suzy Q 1:00 Travel Time 2:30 Gentle Stretching 4:30 Finish the Expression 6:00 Beach Ball Toss</p>	<p>5</p> <p>9:30 Greet the Day 10:30 Morning Movement 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Cooking Club 4:30 Reflect and Reminisce 6:00 Parachute Fun</p>	<p>6</p> <p>9:30 Greet the Day 10:30 Noodle Ball 11:30 Golden Memories 1:00 <b>Music w/ Michelle</b> 2:30 Manicure and a Movie 4:30 Craft and Color 6:00 Kick the Ball</p> 	<p>7</p> <p>9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies</p>
<p>8</p> <p>10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia</p>  <p>Daylight Saving Time Begins</p>	<p>9</p> <p>9:30 Greet the Day 10:30 Fitness Fun 11:30 Trivia Time 1:00 Did you know? 2:30 How Many Words? 4:00 Helping Hands 6:00 Noodle Ball</p>	<p>10</p> <p>9:30 Greet the Day 10:30 <b>Sittercise w/PurposeCare</b> 11:30 Finish the Expression 1:00 Sing Along with Mary Sue 2:30 Art Works 4:30 Through the Years 6:00 Beach Ball Toss</p>	<p>11</p> <p>9:30 Greet the Day 10:30 Tai Chji 11:30 Sing Along with Suzy Q 1:00 Topic Talk 2:30 Gentle Stretching 4:30 This or That? 6:00 Beach Ball Toss</p> 	<p>12</p> <p>9:30 Greet the Day 10:30 Fitness Fun 11:30 This or That? 1:00 Winter Wonders 2:30 Let's Exercise! 4:30 Helping Hands 6:00 Kick the Ball</p>	<p>13</p> <p>9:30 Greet the Day 10:30 Noodle Ball 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Manicure and a Movie 4:30 Name 5 6:00 Parachute Fun</p>	<p>14</p> <p>9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun &amp; Games 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies</p> 
<p>15</p> <p>10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5</p>	<p>16</p> <p>9:30 Greet the Day 10:30 Chair Yoga 11:30 Historic Happenings 1:00 Topic Talk 2:30 Cooking Fun 4:00 <b>Massage with Deb</b> 4:00 Would You Rather 6:00 Rhythm Band</p>	<p>17</p> <p>9:30 Greet the Day 10:30 <b>Sittercise w/PurposeCare</b> 11:30 Trivia Time 1:00 Historic Happenings 2:30 <b>Birthday &amp; St. Patrick's Day Party</b> 4:30 Helping Hands 6:00 Parachute Fun</p>  <p>St. Patrick's Day</p>	<p>18</p> <p>9:30 Greet the Day 10:30 Tai Chi 11:30 Fascinating Facts 1:00 BINGO! 2:30 Fitness Fun 4:30 Brain Games 6:00 Coloring Fun</p>	<p>19</p> <p>9:30 Greet the Day 10:30 Morning Movement 11:30 Helping Hands 1:00 Baking Buddies 2:30 Manicure and a Movie 4:30 Then and Now 6:00 Kick the Ball</p> 	<p>20</p> <p>9:30 Greet the Day 10:30 Noodle Ball 11:30 Trivia Time 1:00 <b>Music w/ Michelle</b> 2:30 Memory Match 4:30 Craft and Color 6:00 Parachute Fun</p> <p>Spring Begins </p>	<p>21</p> <p>9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies</p>
<p>22</p> <p>10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia</p> 	<p>23</p> <p>9:30 Greet the Day 10:30 Fitness Fun 11:30 Fascinating Facts 1:00 Do You Remember 2:30 How Many Words? 4:30 Helping Hands 6:00 Noodle Ball</p>	<p>24</p> <p>9:30 Greet the Day 10:30 <b>Sittercise w/PurposeCare</b> 11:30 Fun &amp; Games 1:00 Family Traditions 2:30 Sensory Art 4:00 Spin &amp; Solve 6:00 Kick the Ball</p>	<p>25</p> <p>9:30 Greet the Day 10:30 Tai Chi 11:30 Word Games 1:00 Reflect and Reminisce 2:30 Movin' to the Music 4:30 BINGO! 6:00 Kick the Ball</p>	<p>26</p> <p>9:30 Greet the Day 10:30 Fitness Fun 11:30 Topic Talk 1:00 Sing Along with Mary Sue 2:30 Helping Hands 4:30 Trivia Time 6:00 Coloring Fun</p>	<p>27</p> <p>9:30 Greet the Day 10:30 Noodle Ball 11:30 Word Games 1:00 Snack and Chat 2:30 BINGO! 4:30 Would you Rather? 6:00 Rhythm Band</p>	<p>28</p> <p>9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun &amp; Games 2:00 BINGO! 3:30 Alphabet Games 6:00 Saturday at the Movies</p> 
<p>29</p> <p>10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia</p>  <p>Palm Sunday</p>	<p>30</p> <p>9:30 Greet the Day 10:30 Chair Yoga 11:30 Historic Happenings 1:00 Memory Match 2:30 Rhythm Band 4:30 Funny Videos 6:00 Rhythm Bandl</p>	<p>31</p> <p>9:30 Greet the Day 10:30 <b>Sittercise w/ PurposeCare</b> 11:30 Trivia Time 1:00 Classic TV 2:30 Crafting Fun 4:30 Name 5 6:00 Ball Toss</p>	 <h1>March 2026</h1> <h2>Josephine Memory Care Center</h2>			