

Sunday

Monday

Tuesday

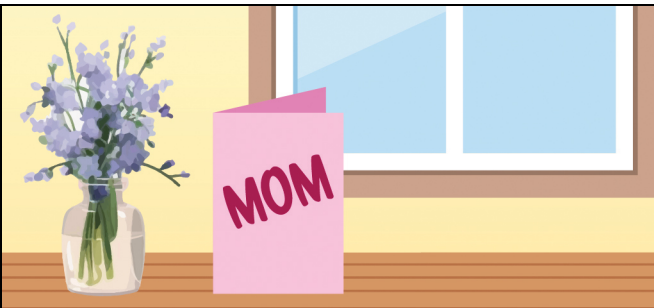
Wednesday

Thursday

Friday

Saturday

# May 2026



3

10:00 Greet the Day  
10:30 Let's Exercise  
11:30 Gospel Music Sing Along  
1:00 Finish the Saying  
2:00 Devotions  
3:30 Name 5




4

9:30 Greet the Day  
10:30 Chair Yoga  
11:30 Topic Talk  
1:00 BINGO!  
2:30 Spin & Solve  
**4:00 Massage with Deb**  
4:00 Finish the Expression  
6:00 Rhythm Band

5

9:30 Greet the Day  
**10:30 Sittercise w/PurposeCare**  
11:30 Nature Notes  
1:00 Down Memory Lane  
2:00 Cinco Celebration!  
4:30 Basketball  
6:00 Coloring Fun



6


9:30 Greet the Day  
10:30 Tai Chi  
11:30 Sing along with Suzy Q  
1:00 Travel Time  
2:30 April Trivia  
4:30 Finish the Expression  
6:00 Beach Ball Toss

7

9:30 Greet the Day  
10:30 Morning Movement  
11:30 Fun and Games  
1:00 Fascinating Facts  
2:20 **REDS GAME in common area**  
2:30 Cooking Club  
4:30 Reflect and Reminisce  
6:00 Parachute Fun


8

9:30 Greet the Day  
10:30 Noodle Ball  
11:30 Fun and Games  
1:00 Fascinating Facts  
2:30 Manicure and a Movie  
4:30 Name 5  
6:00 Parachute Fun




9

9:30 Greet the Day  
10:30 Sit and Be Fit  
11:30 Down Memory Lane  
1:00 Fun & Games  
2:00 BINGO!  
3:30 Alphabet Games  
6:00 Saturday at the Movies




1

9:30 Greet the Day  
10:30 Noodle Ball  
11:30 Golden Memories  
**1:00 Music w/ Michelle**  
2:30 Manicure and a Movie  
4:30 Craft and Color  
6:00 Kick the Ball

May Day 

2

9:30 Greet the Day  
10:30 Sit and Be Fit  
11:30 Down Memory Lane  
1:00 Arts and Crafts  
2:00 BINGO!  
3:30 Alphabet Games  
6:00 Saturday at the Movies

**KENTUCKY DERBY DAY!** 

10

10:00 Greet the Day  
10:30 Movin' to the Music  
11:30 Gospel Music Sing Along  
1:00 Finish the Saying  
2:00 Devotions  
3:30 Trivia



11

9:30 Greet the Day  
10:30 Fitness Fun  
11:30 Trivia Time  
1:00 Did you know?  
2:30 How Many Words?  
4:00 Helping Hands  
6:00 Noodle Ball

12

9:30 Greet the Day  
**10:30 Sittercise w/PurposeCare**  
11:30 Finish the Expression  
1:00 **Acoustic W/Kristi**  
2:30 Art Works  
4:30 Through the Years  
6:00 Beach Ball Toss

13

9:30 Greet the Day  
10:30 Tai Chi  
11:30 Sing Along with Suzy Q  
1:00 Topic Talk  
2:30 Gentle Stretching  
4:30 Wild Wonders  
6:00 Kick the Ball




14

9:30 Greet the Day  
10:30 Fitness Fun  
11:30 Word Games  
12:40 **REDS GAME in common area**  
1:00 Crafting Fun  
2:30 Rhythm Band  
4:30 Helping Hands  
6:00 Kick the Ball

15

9:30 Greet the Day  
10:30 Noodle Ball  
11:30 Trivia Time  
**1:00 Music w/ Michelle**  
2:30 Memory Match  
4:30 Craft and Color  
6:00 Parachute Fun



16

9:30 Greet the Day  
10:30 Sit and Be Fit  
11:30 Down Memory Lane  
1:00 Arts and Crafts  
2:00 BINGO!  
3:30 Alphabet Games  
6:00 Saturday at the Movies

Armed Forces Day

17


10:00 Greet the Day  
10:30 Let's Exercise  
11:30 Gospel Music Sing Along  
1:00 Finish the Saying  
2:00 Devotions  
3:30 Name 5

18

9:30 Greet the Day  
10:30 Chair Yoga  
11:30 Historic Happenings  
1:00 Topic Talk  
2:30 Cooking Fun  
4:00 Would You Rather  
6:00 Rhythm Band

19

9:30 Greet the Day  
**10:30 Sittercise w/PurposeCare**  
11:30 Trivia Time  
1:00 Historic Happenings  
**2:30 Birthday Party**  
4:30 Helping Hands  
6:00 Parachute Fun

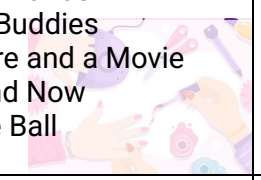


20

9:30 Greet the Day  
10:30 Tai Chi  
11:30 Fascinating Facts  
1:00 BINGO!  
1:05 **REDS GAME in common area**  
2:00 Solitaire  
4:30 Brain Games  
6:00 Coloring Fun

21

9:30 Greet the Day  
10:30 Morning Movement  
11:30 Helping Hands  
1:00 Baking Buddies  
2:30 Manicure and a Movie  
4:30 Then and Now  
6:00 Kick the Ball



22

9:30 Greet the Day  
10:30 Noodle Ball  
11:30 Word Games  
1:00 Snack and Chat  
2:30 BINGO!  
**4:00 Massage with Deb**  
4:30 Would you Rather?  
6:00 Rhythm Band


23

9:30 Greet the Day  
10:30 Sit and Be Fit  
11:30 Down Memory Lane  
1:00 Fun & Games  
2:00 BINGO!  
3:30 Alphabet Games  
6:00 Saturday at the Movies

MOVIE NIGHT 

24

10:00 Greet the Day  
10:30 Movin' to the Music  
11:30 Gospel Music Sing Along  
1:00 Finish the Saying  
2:00 Devotions  
3:30 Trivia



25

9:30 Greet the Day  
10:30 Fitness Fun  
11:30 Fascinating Facts  
1:00 Do You Remember  
2:30 How Many Words?  
4:10 **REDS GAME in common area**  
6:00 Noodle Ball

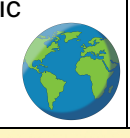
**MEMORIAL DAY**  
Remember and Honor

26

9:30 Greet the Day  
**10:30 Sittercise w/PurposeCare**  
11:30 Fun & Games  
1:00 Family Traditions  
2:00  
4:00 Ring Toss  
6:00 Kick the Ball

27

9:30 Greet the Day  
10:30 Tai Chi  
11:30 Word Games  
1:00 Reflect and Reminisce  
2:30 Movin' to the Music  
4:30 BINGO!  
6:00 Kick the Ball



28

9:30 Greet the Day  
10:30 Fitness Fun  
11:30 Topic Talk  
1:00 Sing Along with Mary Sue  
2:30 Helping Hands  
4:30 Trivia Time  
6:00 Coloring Fun

29

9:30 Greet the Day  
10:30 Noodle Ball  
11:30 Golden Memories  
**1:00 Music w/ Michelle**  
2:30 Manicure and a Movie  
4:30 Craft and Color  
6:00 Kick the Ball

30

9:30 Greet the Day  
10:30 Sit and Be Fit  
11:30 Down Memory Lane  
1:00 Arts and Crafts  
2:00 BINGO!  
3:30 Alphabet Games  
6:00 Saturday at the Movies

31

10:00 Greet the Day  
10:30 Let's Exercise  
11:30 Gospel Music Sing Along  
1:00 Finish the Saying  
2:00 Devotions  
3:30 Name 5

