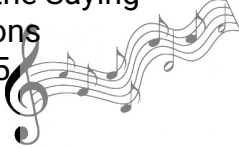
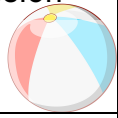
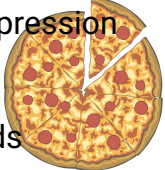
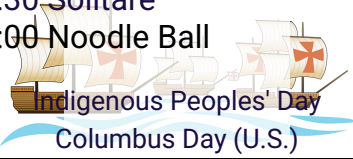


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Greet the Day 10:30 Gentle Chair Yoga 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Name That Sound 4:30 Reflect and Reminisce 6:00 Parachute Fun	2 9:30 Greet the Day 10:30 Seated Zumba 11:30 Golden Memories 1:00 Music w/ Michelle 2:30 Snack and Chat 4:30 Craft and Color 6:00 Kick the Ball 	3 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:00 Alphabet Games 6:00 Saturday at the Movies
4 10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5 	5 9:30 Greet the Day 10:30 Balloon Bop 11:30 Topic Talk 1:00 BINGO! 2:30 3 of a Kind 4:00 Finish the Expression 6:00 Rhythm Band	6 9:30 Greet the Day 10:30 Sittercise w/Patriot 11:30 Nature Notes 1:00 Down Memory Lane 2:30 Category Trivia 4:30 Ring Toss 6:00 Coloring Fun	7 9:30 Greet the Day 10:30 Moving to the Music 11:30 Sing along with Suzy Q 1:00 October Fun Facts 2:00 Armchair Travel 4:30 Finish the Expression 6:00 Beach Ball Toss 	8 9:30 Greet the Day 10:30 Gentle Chair Pilates 11:30 Finish the Expression 1:00 Crafting Fun 2:30 Pizza Party  4:30 Helping Hands 6:00 Kick the Ball	9 9:30 Greet the Day 10:30 Gentle Stretch 11:30 Fun and Games 1:00 Fascinating Facts 2:30 Manicure and a Movie 4:30 Name 5 6:00 Parachute Fun	10 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 BINGO! 3:00 Alphabet Games 6:00 Saturday at the Movies
11 10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia	12 9:30 Greet the Day 10:30 Fitness Fun 11:30 Trivia Time 1:00 Did you know? 2:30 Armchair Travel 4:30 Solitaire 6:00 Noodle Ball 	13 9:30 Greet the Day 10:30 Sittercise w/Patriot 11:30 Finish the Expression 1:00 Let's Reminisce! 2:30 Fancy Feet Craft 4:30 Through the Years 6:00 Beach Ball Toss	14 9:30 Greet the Day 10:30 Noodle Ball 11:30 Sing Along with Suzy Q 1:00 Topic Talk 2:00 Pumpkin Painting with FirstLight Home Care 4:00 Around Town Trivia 6:00 Kick the Ball	15 9:30 Greet the Day 10:30 Gentle Chair Yoga 11:30 Helping Hands 1:00 Baking Buddies 2:30 Word Game 4:30 Then and Now 6:00 Kick the Ball	16 9:30 Greet the Day 10:30 Seated Zumba 11:30 Trivia Time 1:00 Music w/ Michelle 2:30 Memory Match 4:30 Craft and Color 6:00 Parachute Fun 	17 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Arts and Crafts 2:00 BINGO! 3:00 Alphabet Games 6:00 Saturday at the Movies 
18 10:00 Greet the Day 10:30 Let's Exercise 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Name 5	19 9:30 Greet the Day 10:30 Balloon Bop 11:30 Historic Happenings 1:00 Topic Talk 2:30 Let's Get Crafty 4:00 Fun & Games 6:00 Rhythm Band	20 9:30 Greet the Day 10:30 Sittercise w/Patriot 11:30 Trivia Time 1:00 Historic Happenings 2:30 Birthday Party  4:30 Helping Hands 6:00 Parachute Fun	21 9:30 Greet the Day 10:30 Moving to the Music 11:30 Fascinating Facts 1:00 BINGO! 2:30 Cooking Club 4:30 Brain Games 6:00 Coloring Fun	22 9:30 Greet the Day 10:30 Gentle Chair Pilates 11:30 Topic Talk 1:00 Sing Along with Mary Sue 2:30 Solitaire 4:30 Trivia Time 6:00 Coloring Fun	23 9:30 Greet the Day 10:30 Gentle Stretch 11:30 Word Games 1:00 Autumn Craft 2:30 Bowling 4:30 Sing A Long 6:00 Rhythm Band	24 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 BINGO! 3:00 Alphabet Games 6:00 Saturday at the Movies
25 10:00 Greet the Day 10:30 Movin' to the Music 11:30 Gospel Music Sing Along 1:00 Finish the Saying 2:00 Devotions 3:30 Trivia 	26 9:30 Greet the Day 10:30 Fitness Fun 11:30 Fascinating Facts 1:00 Do You Remember 2:30 What Doesn't Belong? 4:00 Spin & Solve 6:00 Noodle Ball	27 9:30 Greet the Day 10:30 Sittercise w/Patriot 11:30 Fun & Games 1:00 Family Traditions 2:00 Finish the Phrase 4:00 Ring Toss 6:00 Kick the Ball	28 9:30 Greet the Day 10:30 Noodle Ball 11:30 Word Games 1:00 Reflect and Reminisce 2:30 BINGO! 4:30 Ring Toss 6:00 Kick the Ball	29 9:30 Greet the Day 10:30 Noodle Ball 11:30 Halloween Trivia 1:30 Rhythm Band 2:30 Word Games 4:30 Hot Topics 6:00 Beach Ball Toss	30 9:30 Greet the Day 10:30 Gentle Stretch 11:30 Did You Know? 1:00 "I Love Lucy" 2:30 Halloween Party  4:30 Nature Videos 6:00 Coloring Fun	31 9:30 Greet the Day 10:30 Sit and Be Fit 11:30 Down Memory Lane 1:00 Fun & Games 2:00 Halloween Treats! 3:00 Alphabet Games 6:00 Saturday at the Movies 